

VeggieTales®

Values To Grow By

# Veggie Values Activity Book



SCHOLASTIC



## Dear Parents,

Welcome to the **VeggieTales: Values to Grow By** book club. We're very excited that you chose this book club for your child. Featuring the hilarious, best-selling VeggieTales characters, such as Bob the Tomato and Larry the Cucumber, the silly stories will teach valuable, lifelong lessons to your child in a clever, wacky way!

Each book in this club will take your child on a thrilling adventure about knights, detectives, cowboys, Vikings, pirates, or superheroes. The stories will spark your child's imagination while encouraging positive behavior—all in a way that is both entertaining and effective.

This Veggie Values activity book includes a colorful pullout achievement poster. Each time your child finishes reading another family-friendly storybook, affix the special reward sticker in its place on the poster. You'll also find a family board game—Veggie Value Land. As players travel across the game board, your child will be reminded of the values he or she has learned in this book club.

We're confident that the **VeggieTales: Values to Grow By** books, activity book, stickers, and growth chart will instill values in your child as you enjoy the "wink factor" in each thrilling story.

Enjoy this special time together,

**The Editors**

## Helpful Hints

Keep these helpful tips in mind while reading through the **VeggieTales: Values to Grow By** books:

- Designate a cozy place in your home, where there will be no distractions, to read each book.
- After reading a story together, talk about how your child can improve her or his behavior in that specific area. Remind your child of an instance when he or she may have needed to grow in that area and discuss ways your child can do better.
- Help your child select the correct stickers to complete the achievement poster.

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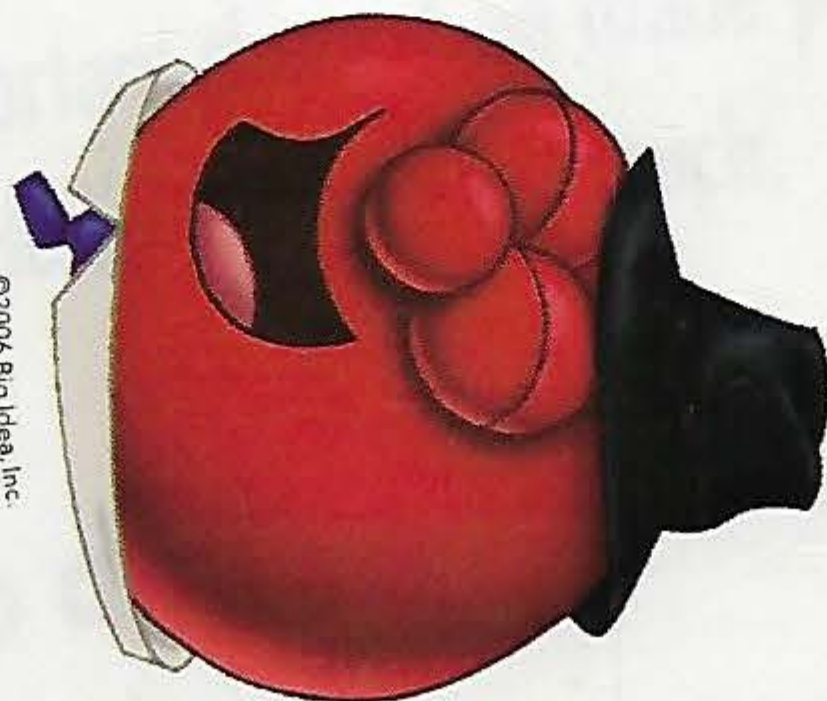
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**VeggieTales®**

**VALUES TO GROW BY**

**Hey Kids,  
Welcome to the Club!**

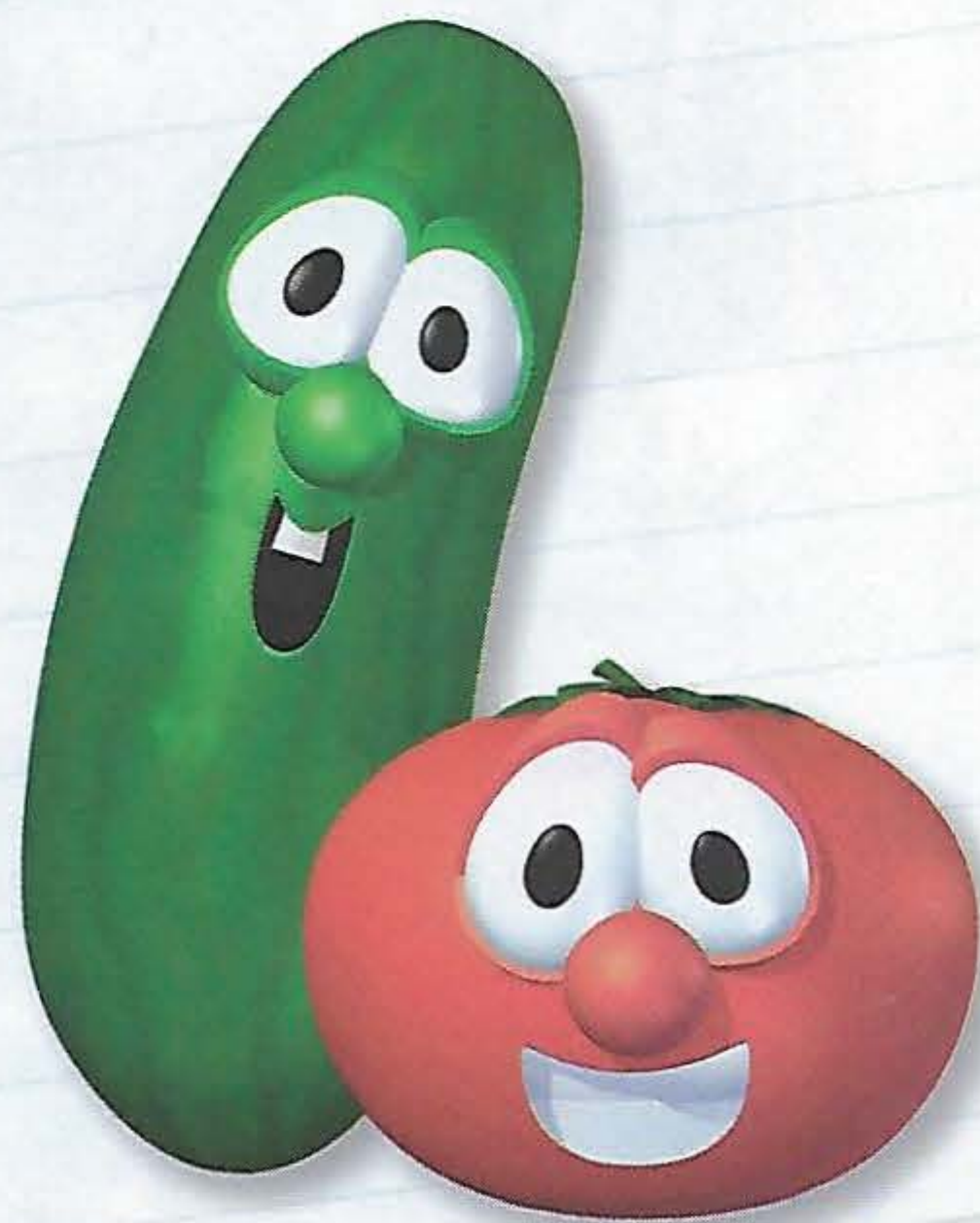
We're glad you've decided to come along on a fun VeggieTales® value adventure with us. In this book club, you'll read some really neat stories with exciting private detectives, Vikings, knights, pirates, cowboys, and yep, you guessed it — superheroes! You're in for a wild time of learning VeggieTales Values, and we're going to be with you all along the way.

Inside this book, you'll find lots of neat Veggie things to do. One of the activities is a Veggie Value Land board game to play with your family or friends. This game will be fun-filled, and it will remind you to be kind, make good choices, be honest, and lots of other good ways that God wants you to behave.

As you enjoy each new book, keep in mind one very important thing: God made you special, and He loves you very much.

See ya!

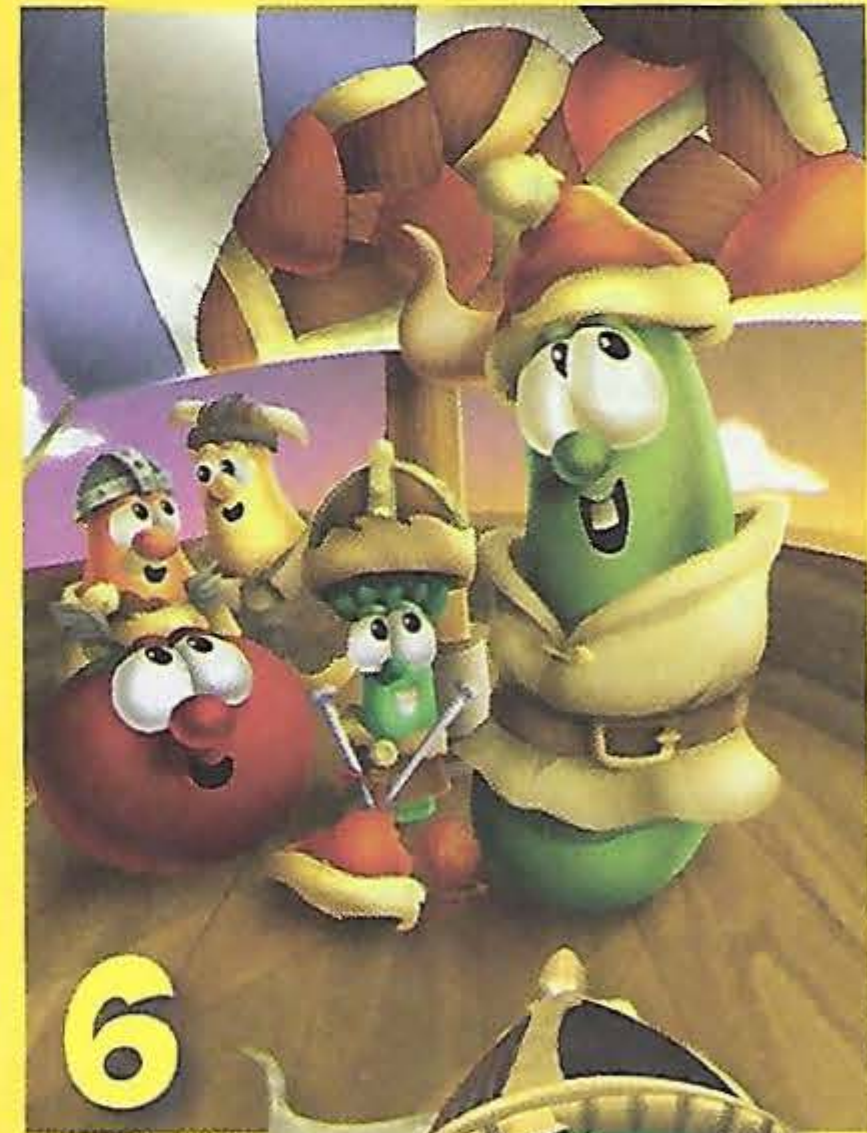
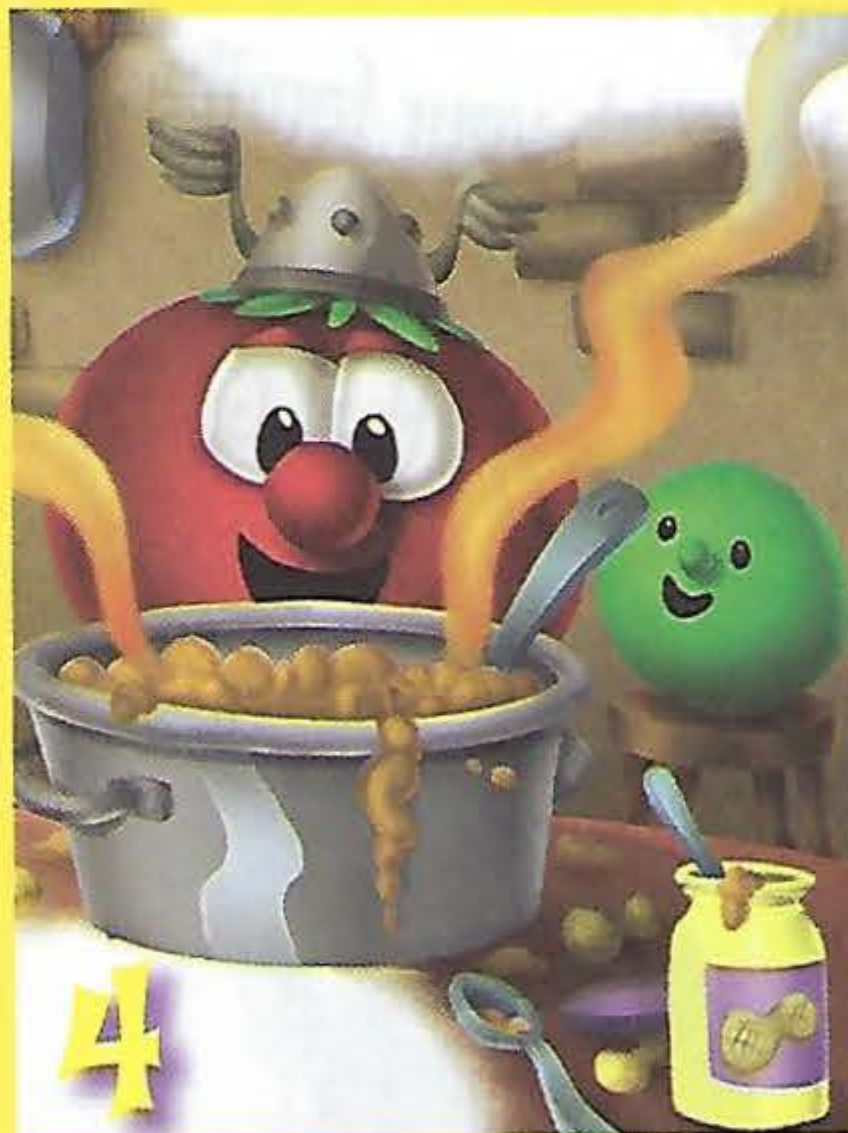
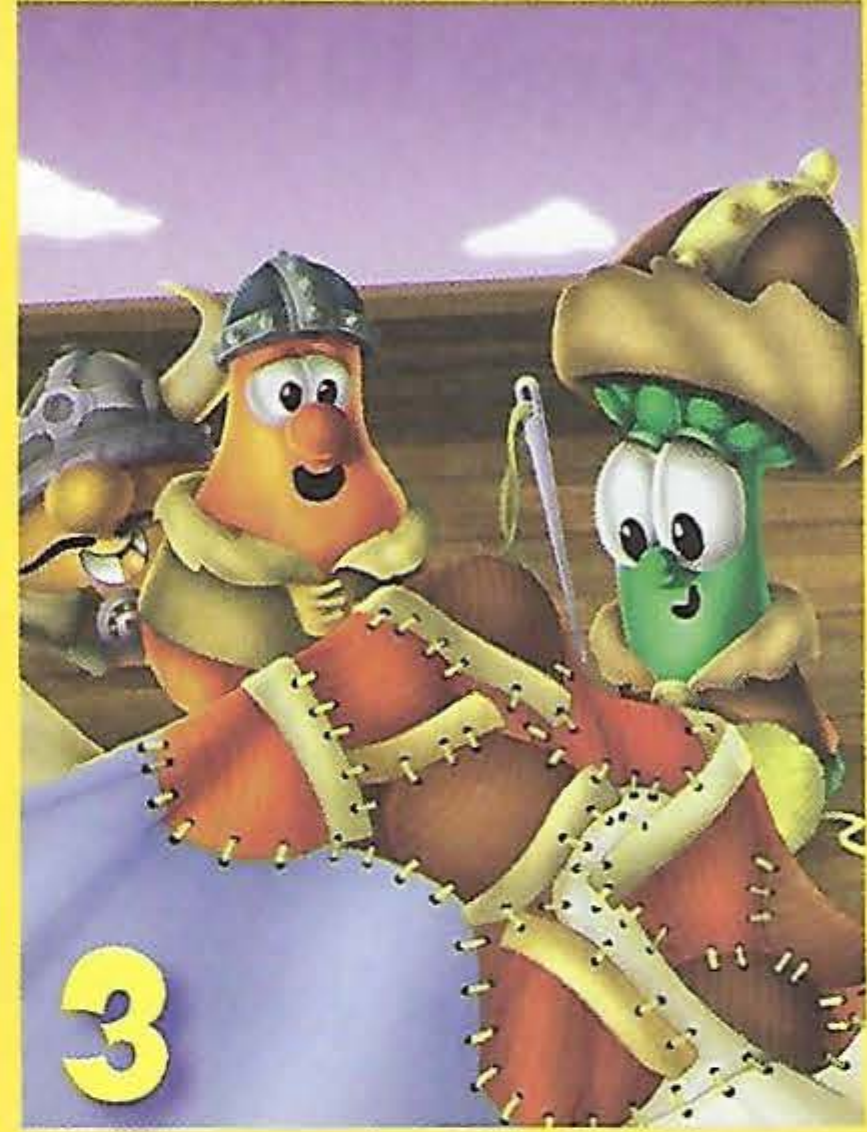
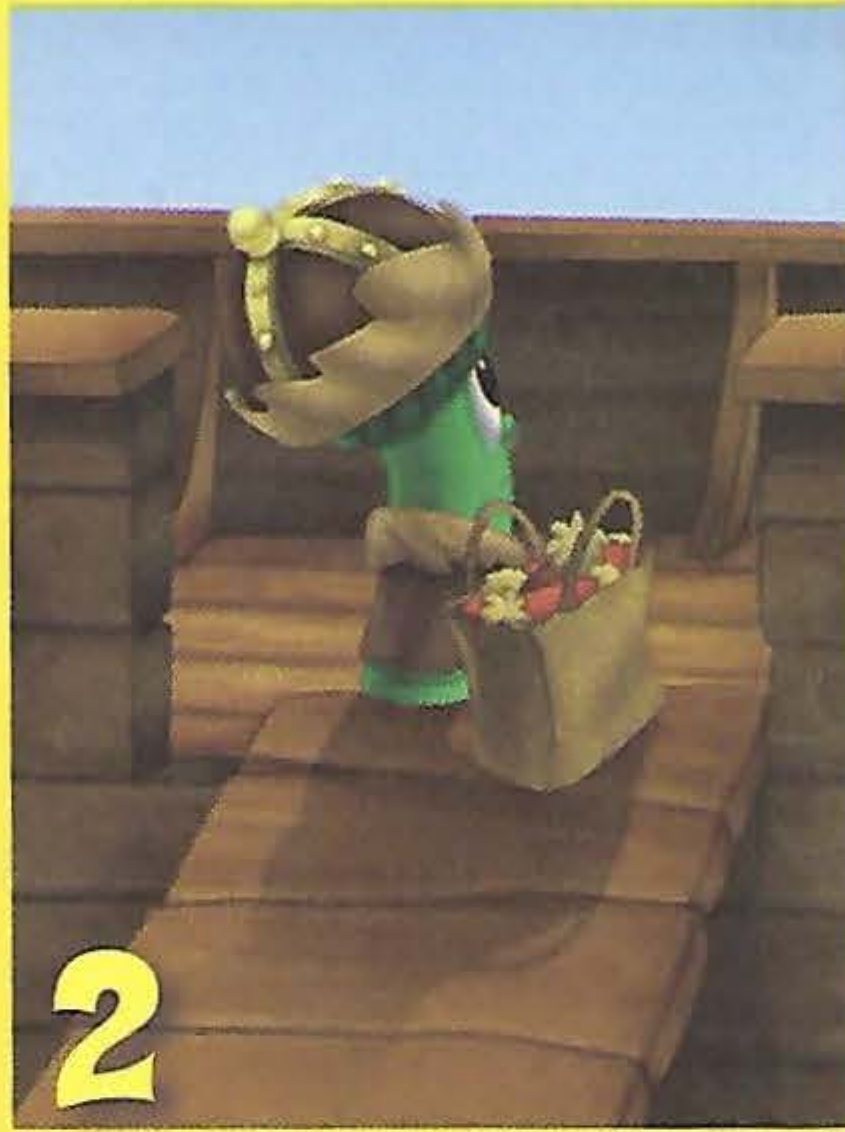
**Bob and Larry**





# A Lesson in Being Patient

With a friend or an adult, take turns rolling a die. Find the picture that matches the number you rolled. Think about the picture, and make up a story about how the main character can be patient.



## Veggie Value to Share

Being patient is the best way to wait for something. How do you show patience?





# A Lesson in Being Thankful

Help Ottar get to Lyle the Kindly Viking. As you guide him along, think about the things you are thankful for.



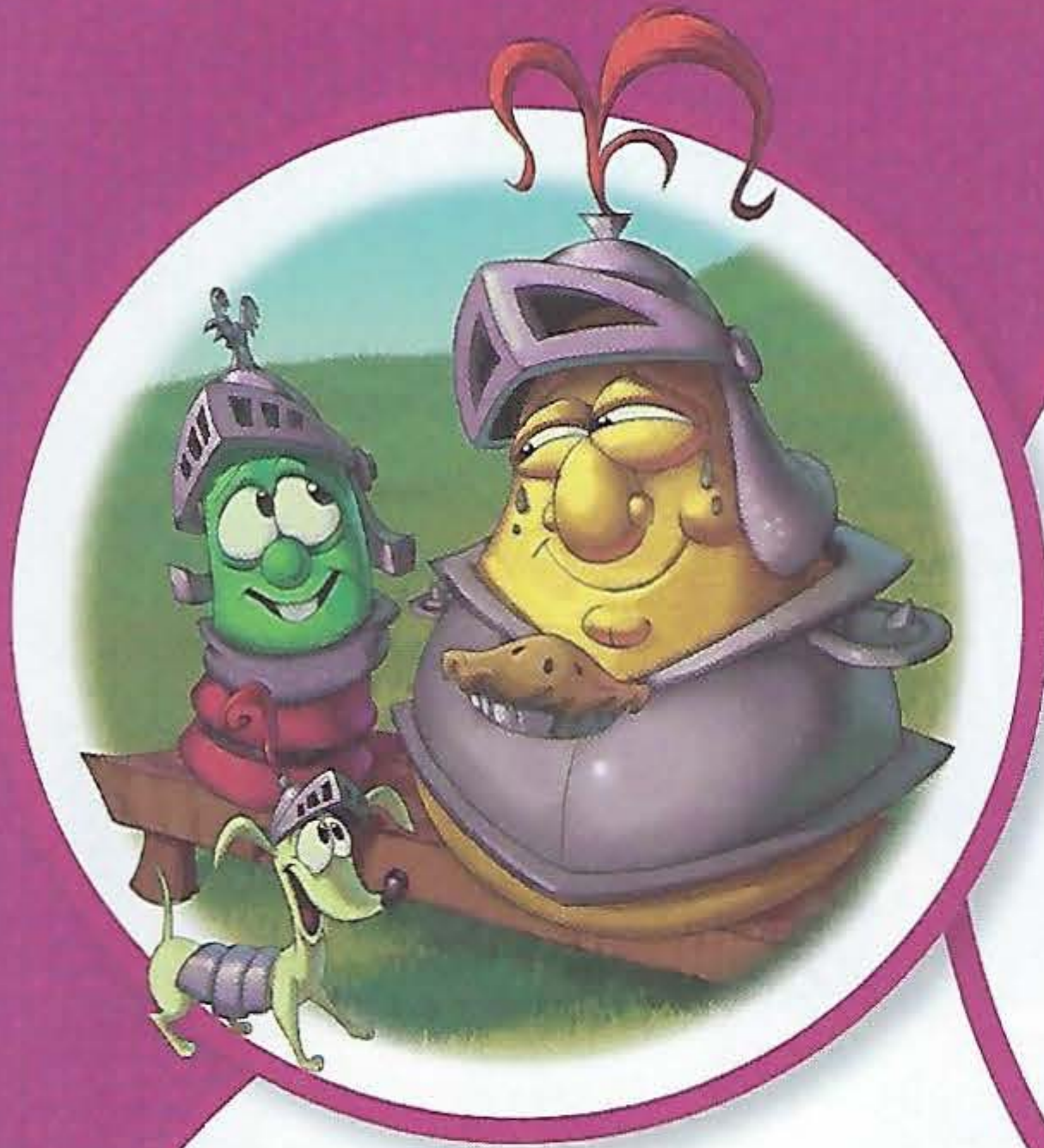
## Veggie Value to Share

It is important to show others that you are thankful. What are some ways you show your parents that you are thankful?



# A Lesson in Helping Others

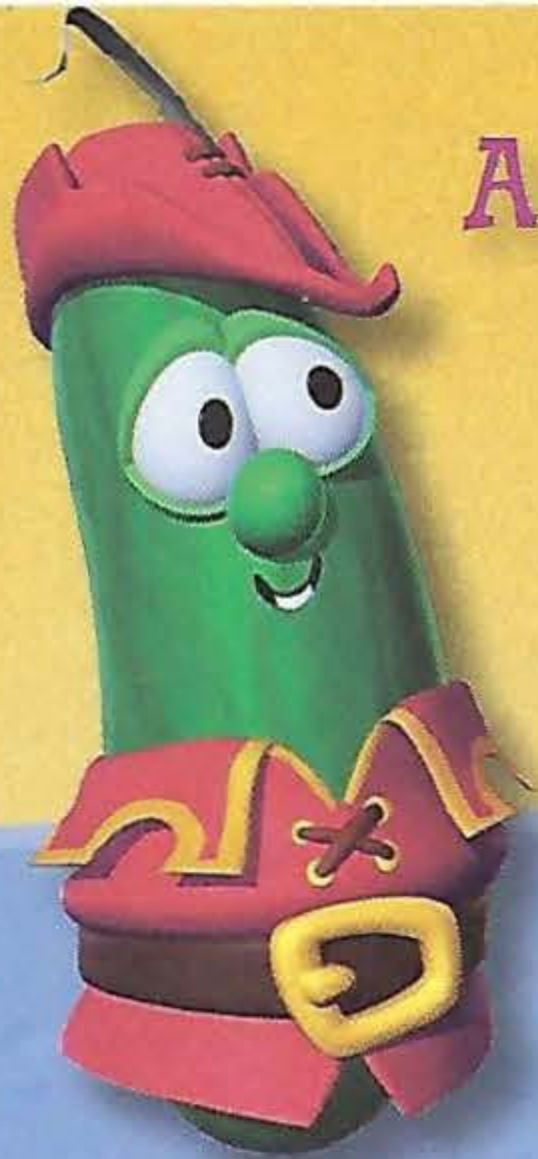
Duke helps others by being cheerful and kind. Draw two pictures below. Have one picture show how you can help someone in your family and another picture show how you can be helpful to a friend.



## Parent Connection - Helpful Hands

Trace around your child's hands on colored paper. Help your child cut out the handprints, and paste them onto a sheet of paper titled *Helpful Hands*. Ask your child to decorate the handprints with some of the VeggieTales stickers included in this book and other art supplies.





A Lesson in

# Kindness

Draw a line to lead the Duke of Scone to Petunia. Think about the times people have been kind to you. How did you feel?



## Parent Connection - A Week of Kind Acts

Talk with your child about ways she or he can show kindness to others. Write down seven (one for each day of the week) kind acts that your child can perform. Invite your child to color one picture of Duke each time he or she is kind to others.



Monday



Tuesday



Wednesday



Thursday



Friday



Saturday



Sunday





# A Lesson in Friendship

Draw a picture of some things that you like to do with a special friend.



---

Write your friend's name here.

## Parent Connection - Appreciate Your Friends

Help your child create and send a thank you note to a special friend. Invite your child to use art supplies and the stickers from this book to make the card unique. Inside, help your child write how much she or he appreciates their friendship.



# A Lesson in Having Faith

God hears your prayers. Fill in the blanks on this prayer to show your faith in God.

Dear God,

You are powerful, loving, and kind.

Thank you for \_\_\_\_\_.

I praise You because \_\_\_\_\_.

Please help me to remember  
that \_\_\_\_\_.

Love,  
\_\_\_\_\_

## Parent Connection - Prayer Basket

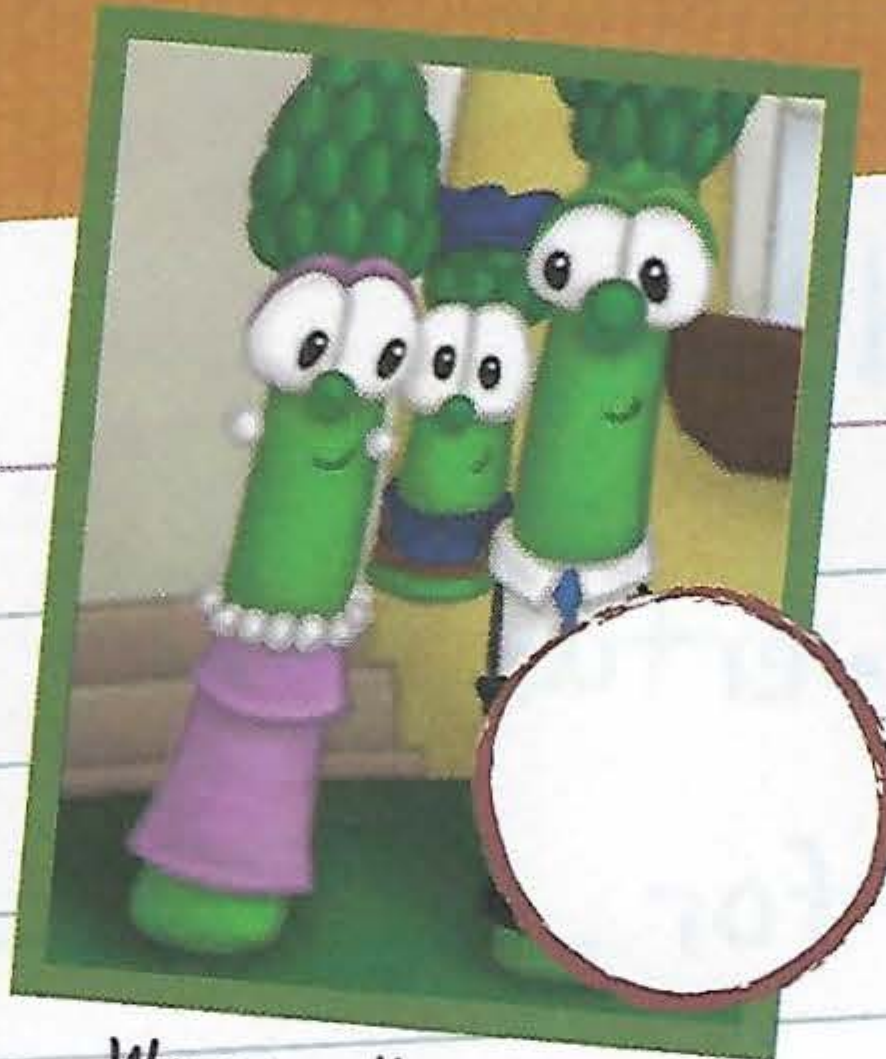
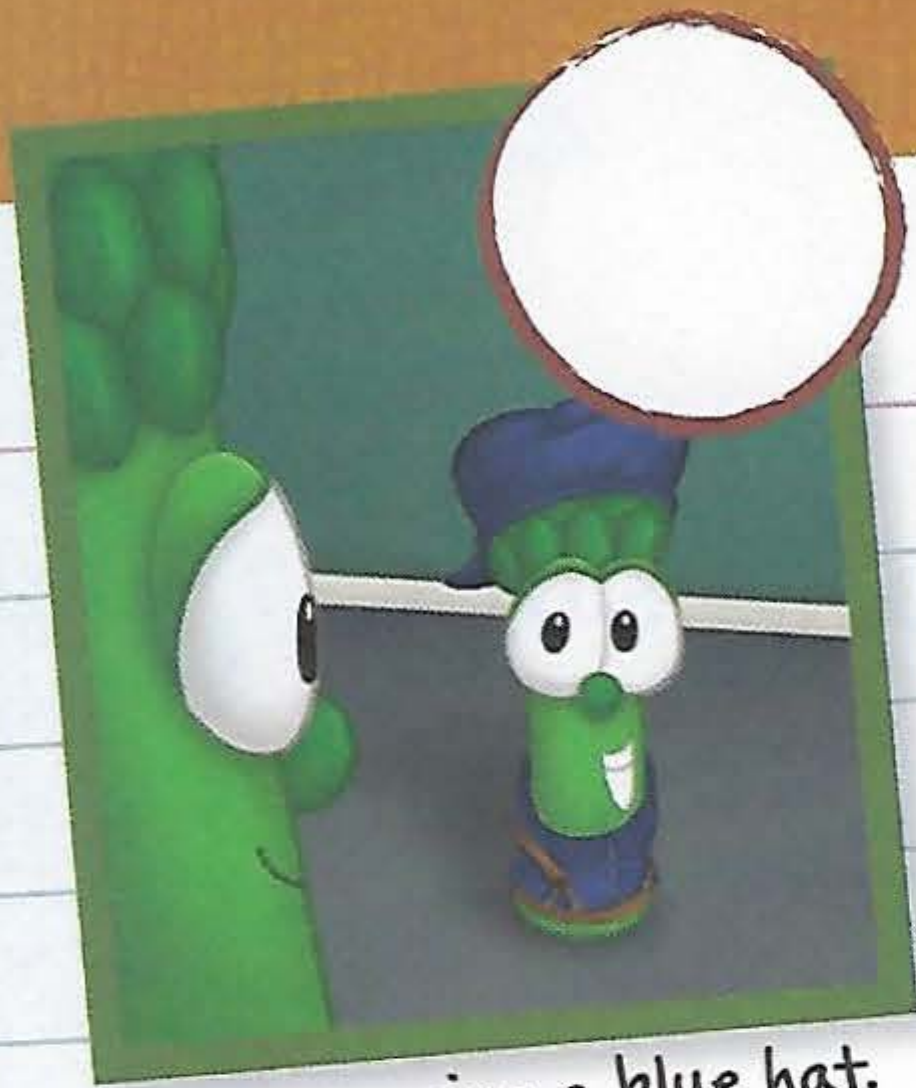
Label a basket in your home *Our Prayer Basket*. Together, think of seven things that you want to pray about. Write each prayer idea on a small slip of paper; then encourage your child to illustrate the idea on the back of the paper. Place the prayer ideas in the basket. Each day, take one from the basket, read it aloud, and pray about it together.





# A Lesson in Telling the Truth

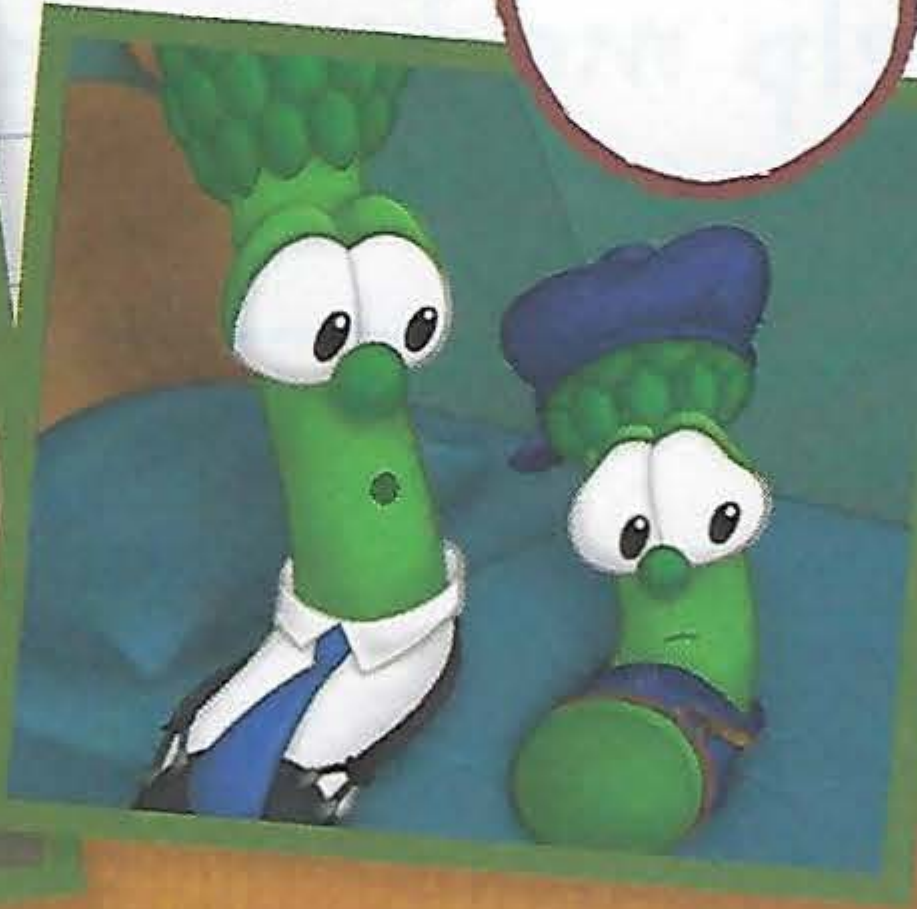
It is important to tell the truth. Look at the picture. If Junior is telling the truth about the picture below, draw a happy face in the blank space. If Junior is not telling the truth, draw a sad face.



God wants me to tell the truth.



I'm bigger than my dad.



## Veggie Value to Share

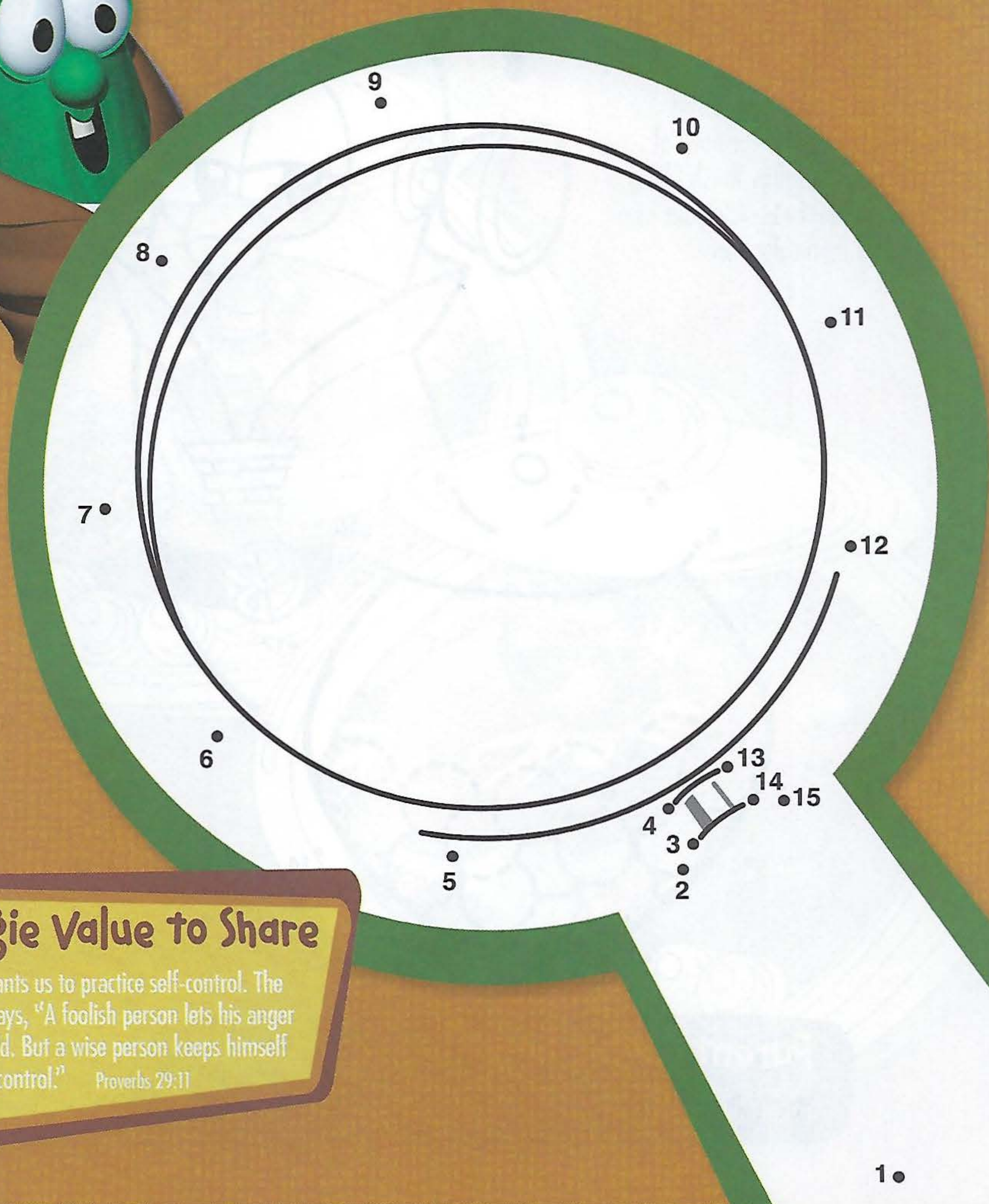
Being honest means always telling the truth. Have you ever had trouble telling the truth? If so, why?



# A Lesson in Self-Control



Connect the dots, color the picture, and finish the background. Then inside, draw a picture of the person in charge of controlling you — yourself!



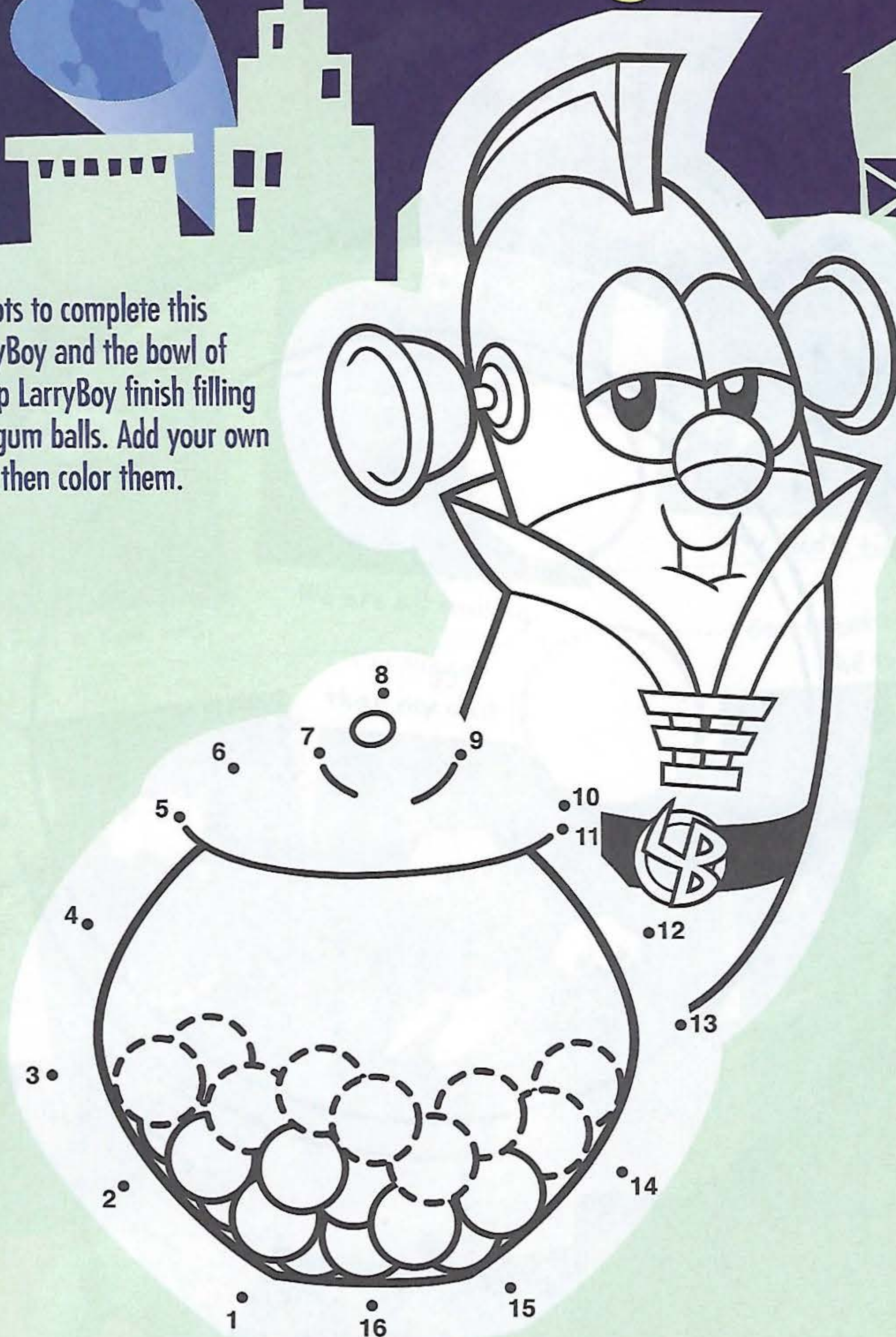
## Veggie Value to Share

God wants us to practice self-control. The Bible says, "A foolish person lets his anger run wild. But a wise person keeps himself under control." Proverbs 29:11



# A Lesson in **Sticking To It**

Connect the dots to complete this picture of LarryBoy and the bowl of gum balls. Help LarryBoy finish filling the bowl with gum balls. Add your own gum balls and then color them.



## **Parent Connection** - The "Stick to It" Handshake

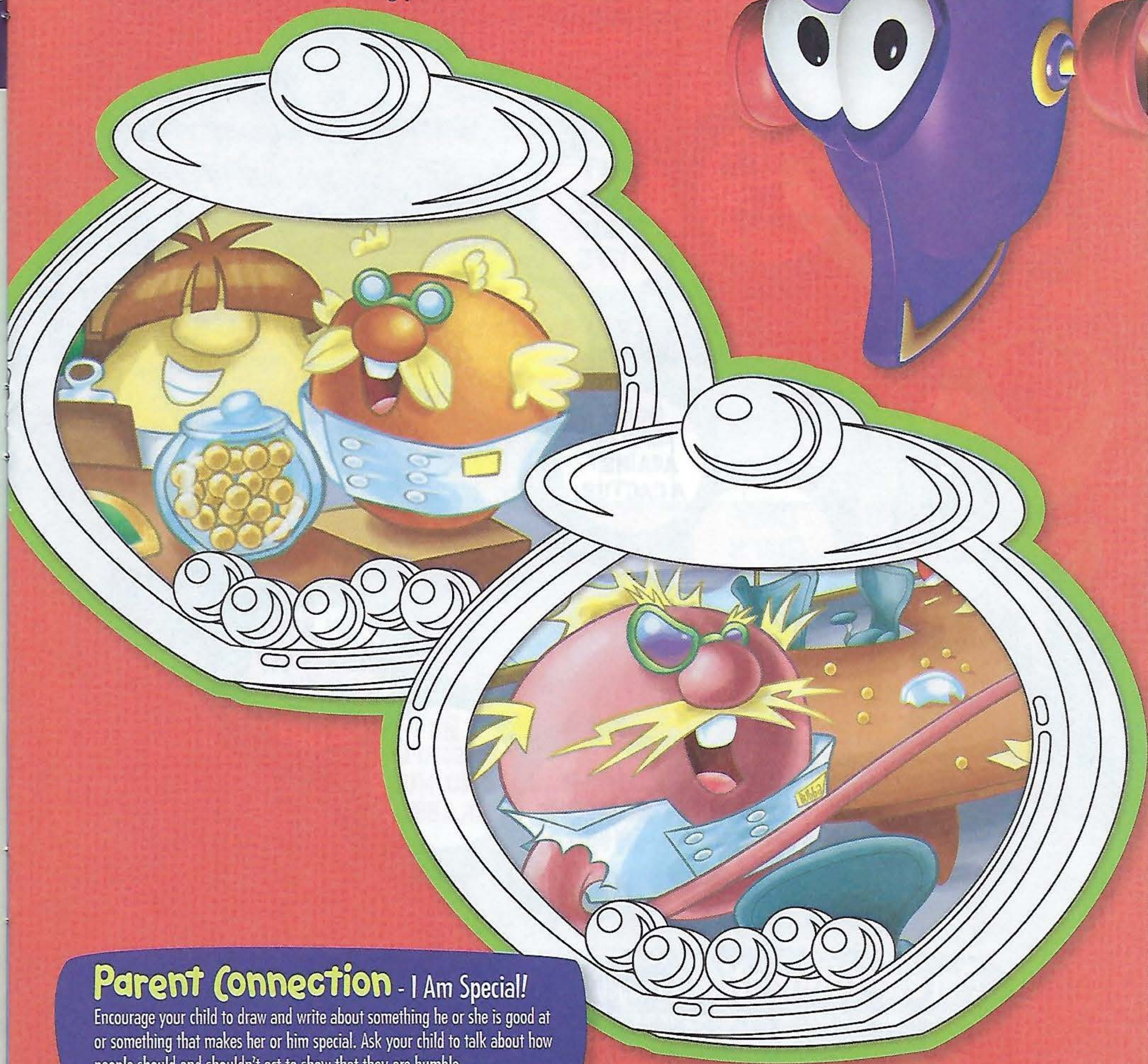
The next time your child needs to "stick to it," do this handshake together as a reminder to get it done.  
1. Shake hands 2. Clap hands twice 3. Give each other a high five and say *Stick to it!* in unison.



# A Lesson in Being Humble

With a bright crayon, color the bowl around the picture that shows Dr. Gumm being humble.

With a dark crayon, color the bowl around the picture that shows Dr. Gumm being proud.



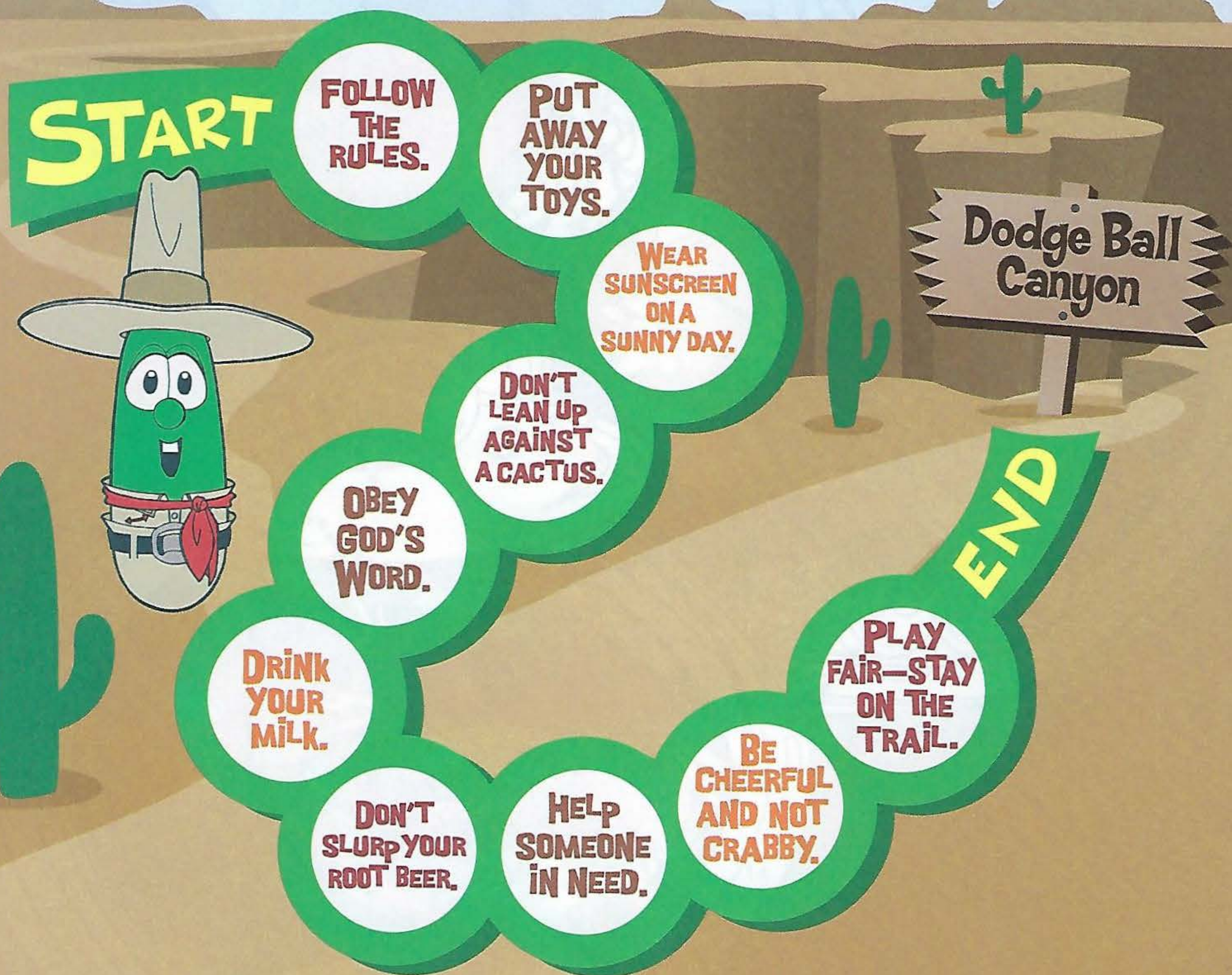
## Parent Connection - I Am Special!

Encourage your child to draw and write about something he or she is good at or something that makes her or him special. Ask your child to talk about how people should and shouldn't act to show that they are humble.



# A Lesson in *Making Good Choices*

Help Cowboy Larry get to Dodge Ball Canyon. First, toss a coin: if you get heads, color one space; if you get tails, color two spaces. As you read and color each space, think about making good choices. Repeat tossing and coloring spaces until you have colored the entire game trail.



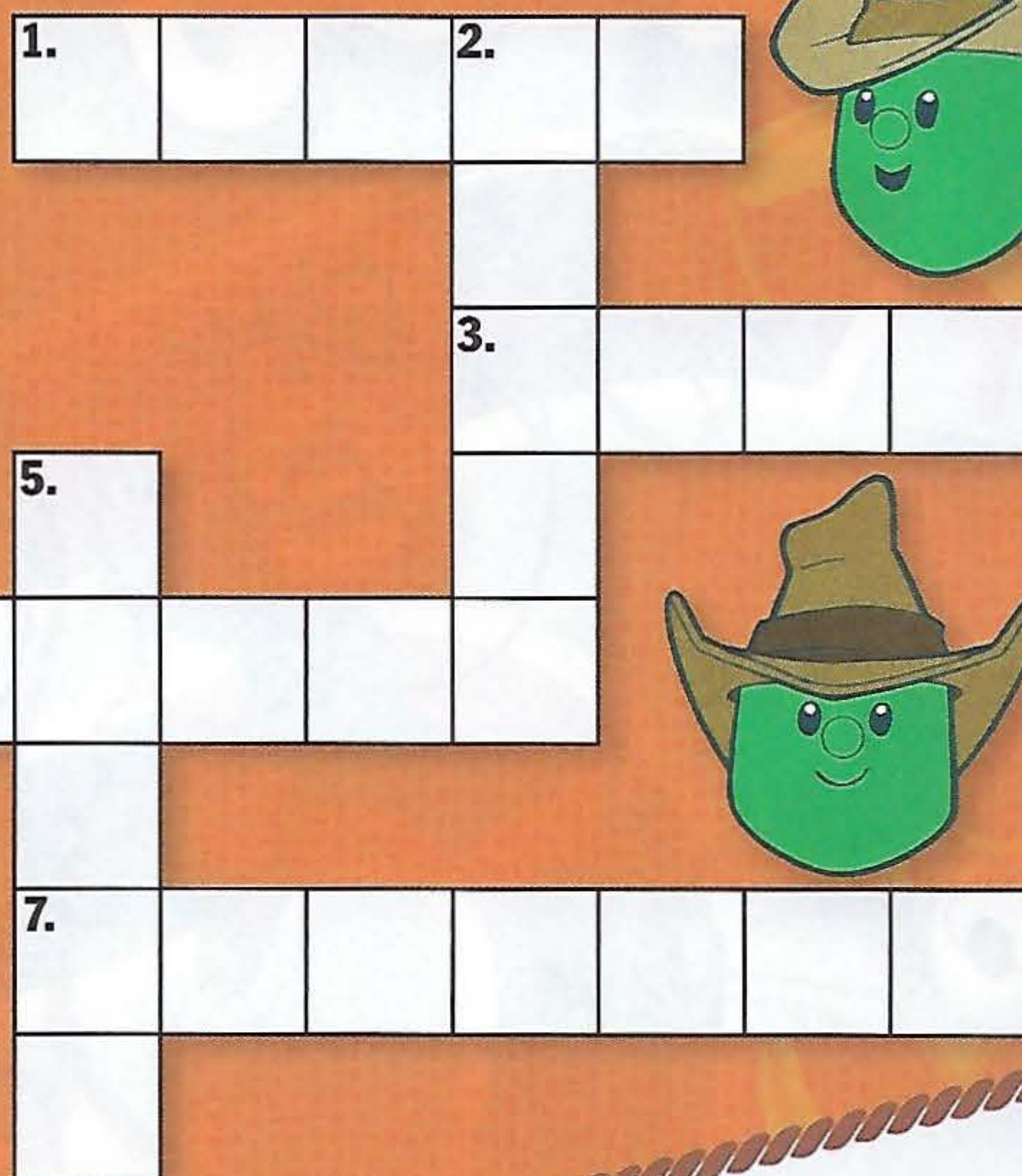
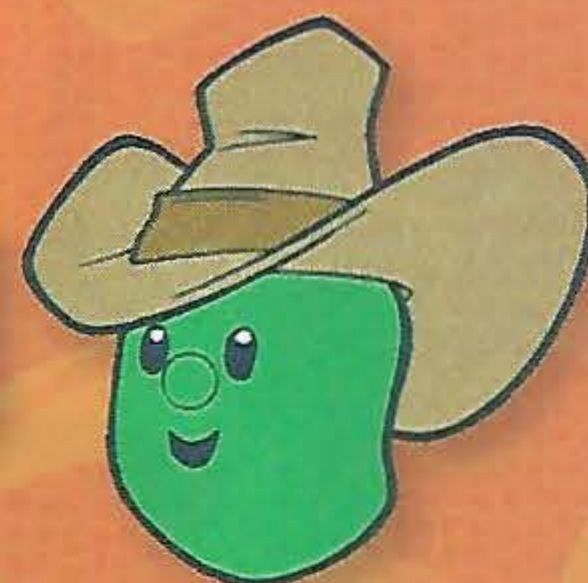
## Parent Connection - Dodgeball Avalanche

Gather an assortment of socks and play this fun game with your child. Make sock dodge balls by rolling each sock into itself and tucking it inside its opening. Pile up all the dodge balls. Talk about making good choices. When you discuss making a bad choice, start an avalanche and knock down the pile of sock balls. Play dodgeball with the balls and then pile them back up and play again.



# A Lesson in Doing Good Deeds

Using the clues and the word bank below, complete the cowboy crossword puzzle.



Across:

1. Put litter in its \_\_\_\_\_.
3. \_\_\_\_\_ the door for someone.
6. Help \_\_\_\_\_ who are in need.
7. Doing good deeds shows \_\_\_\_\_.

Down:

2. Help someone \_\_\_\_\_ the street safely.
4. Visit someone who is \_\_\_\_\_.
5. \_\_\_\_\_ with your friends and family.

## WORD BANK

LONELY  
RESPECT  
CROSS  
SHARE  
OTHERS  
PLACE  
OPEN





# Veggie Land

**START**

Be nice

God loves  
**YOU!**

Slide  
ahead!

Love  
others

Be kind

Share

Be  
yourself

Have  
faith

Be a  
friend

Do  
your  
best

Be thankful

Be patient

Show  
compassion

Forgive  
others

**END**









**VeggieTales<sup>®</sup>**

**Values To Grow By**

**I Learned to...**

Be Kind

Help Others

Be a Friend

Tell the Truth

Stick to It

Have Faith

Share

Make Good Choices

Be Nice

Use Self-Control

Forgive

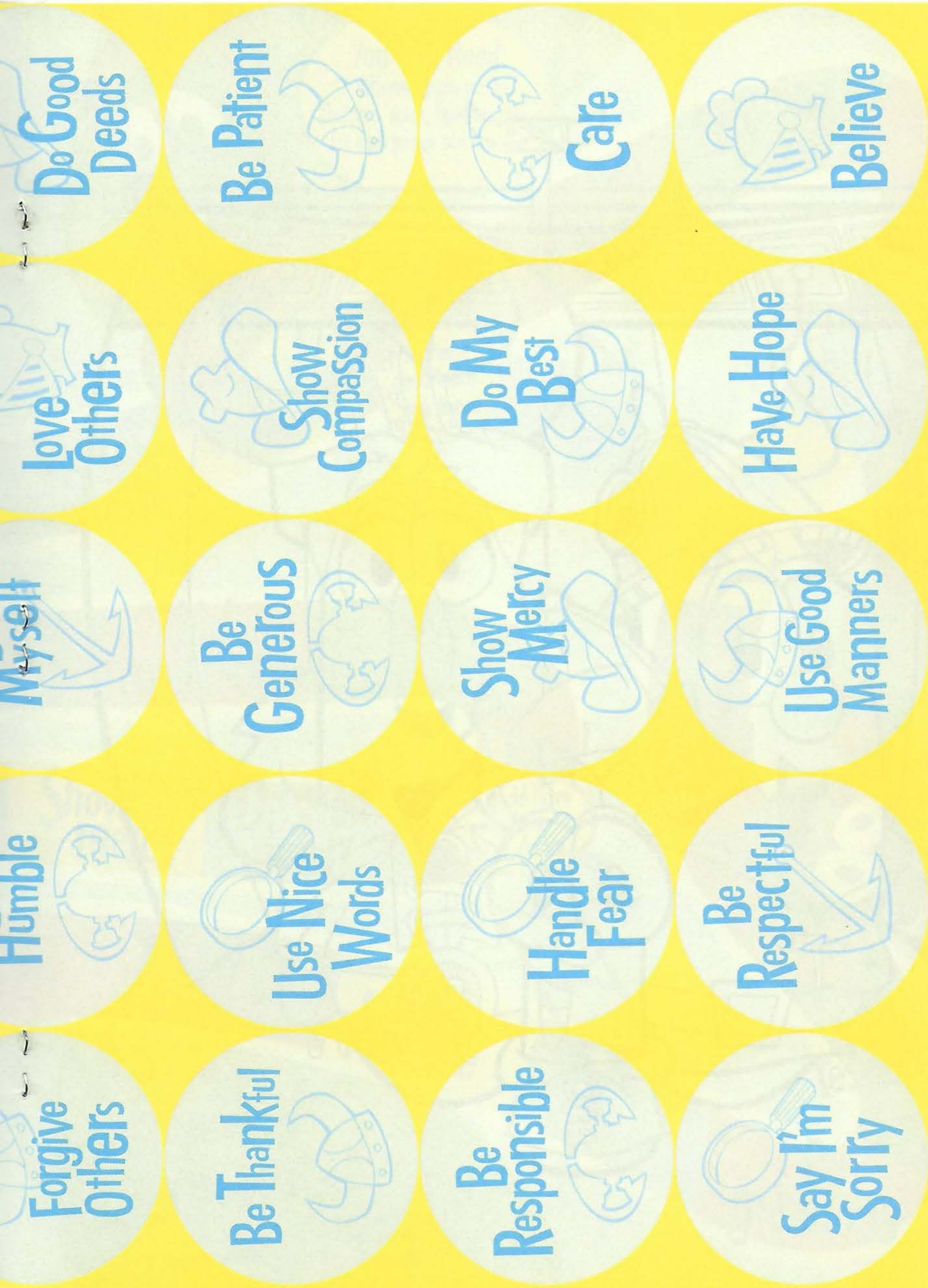
Be Humble

Be Myself

Love

Be Good



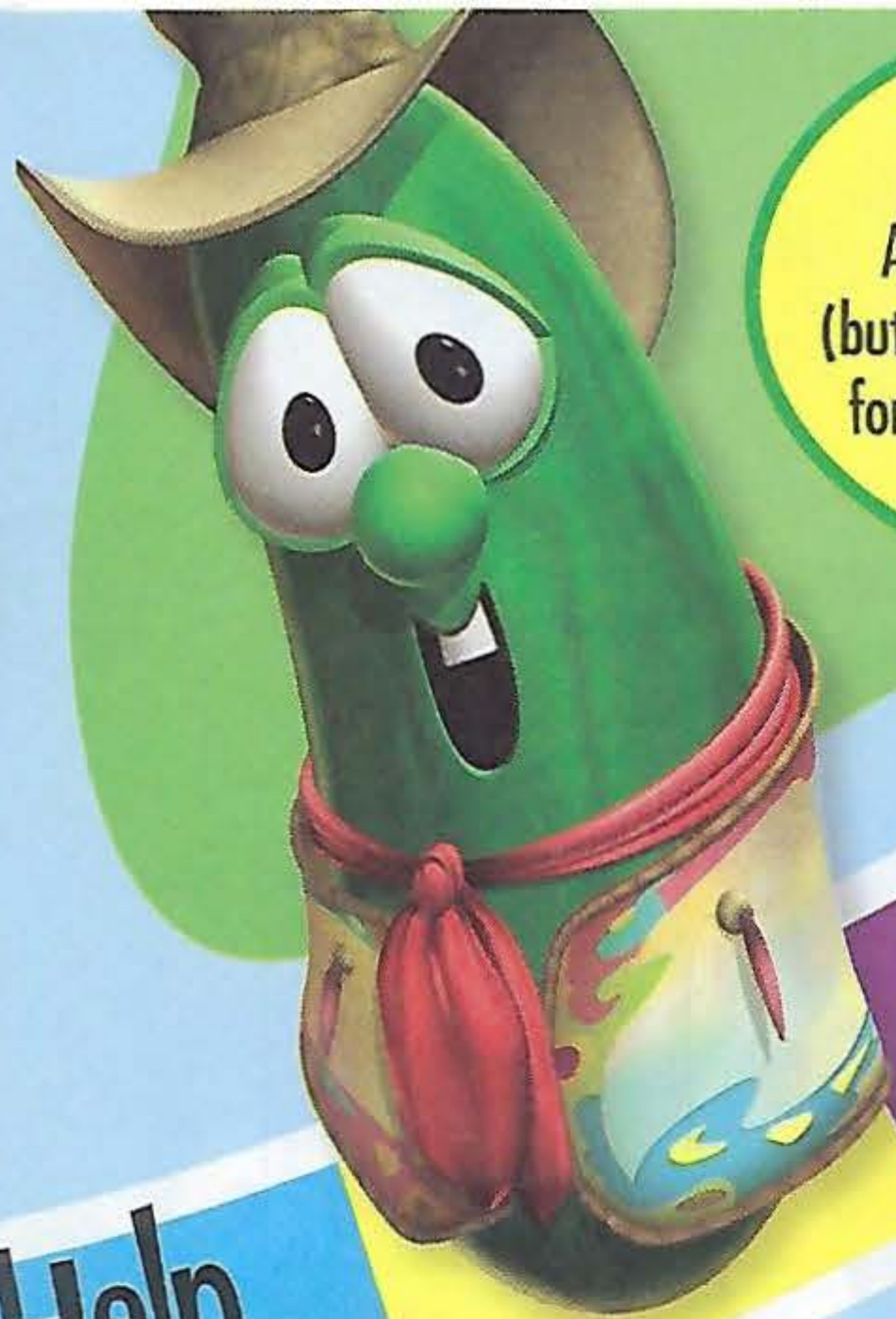


Carefully pull out this poster, and hang it on a special place in your child's room. Each time you and your child finish reading another family-friendly storybook, affix the special reward sticker in its place on the poster.









**You Will Need:**  
A different game marker  
(buttons, coins, figurines, etc.)  
for each player and one die.

**Help  
others**

**Yeah!**

You were  
good today!  
Step ahead.

**Tell the  
truth**

**Use nice  
words**

**Handle  
fear**



**Make  
good choices**

**Show  
mercy**

**Do good  
deeds**

**Oops!**

You could have  
made a  
better choice.

**Use  
Self-  
control**



**Stick to it**

**Be  
humble**

**Be  
responsible**

**Be  
generous**

**To Play:**

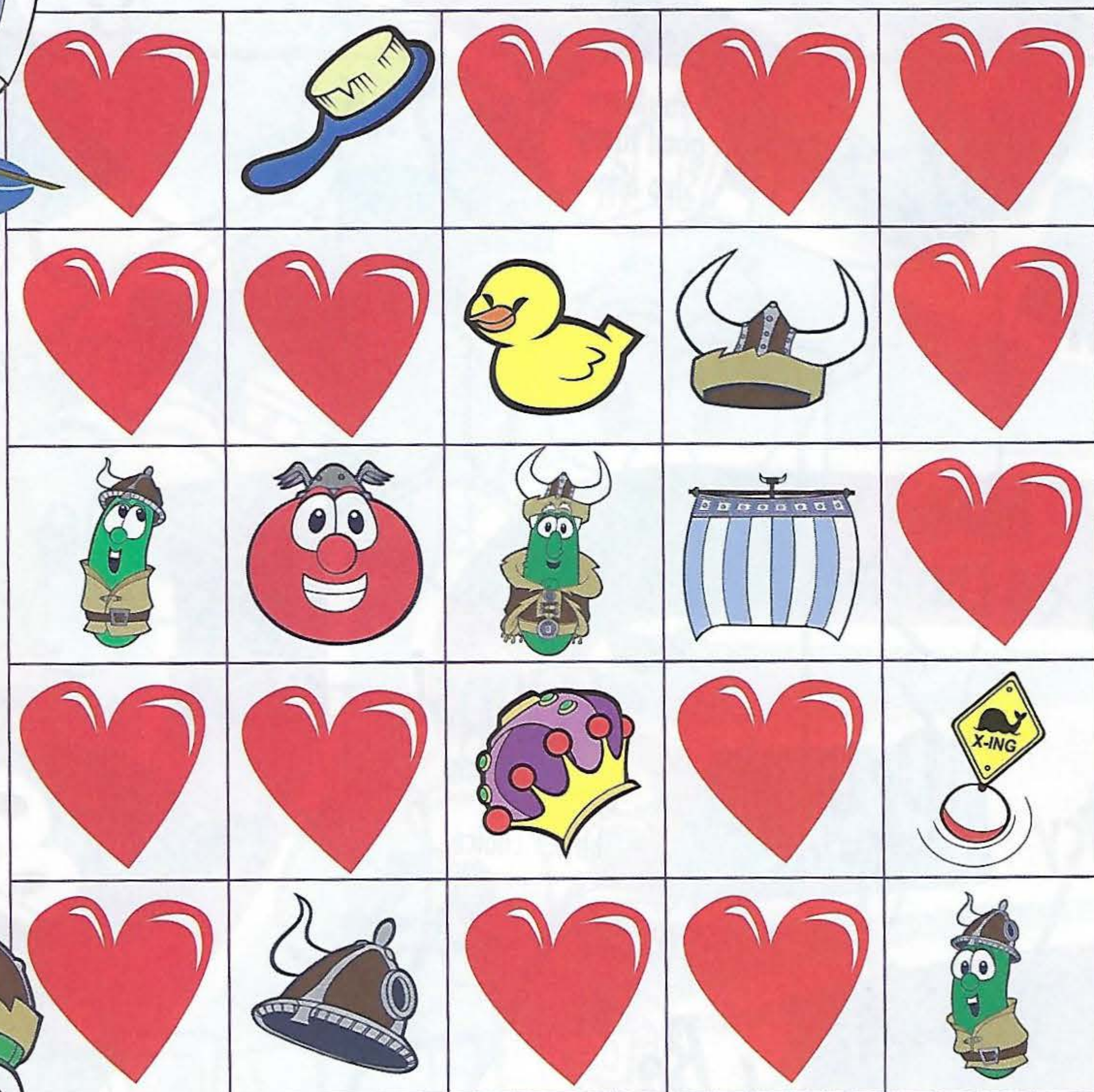
1. Place all markers at the START.
2. Take turns tossing the die and moving that number of spaces on the game board.
3. If you land on:
  - A space that names a value, give an example of how you can show that Veggie Value in your life.
  - A blank space, sit tight.
  - A space with an arrow, follow the directions on the arrow.
4. Each person to reach the finish line becomes an official member of the VeggieTales: Values to Grow By Good Kid Club!



# A Lesson in Forgiveness



Help steer the Viking ship to Lyle. Draw a path to steer the ship across, down, or diagonally from heart to heart.



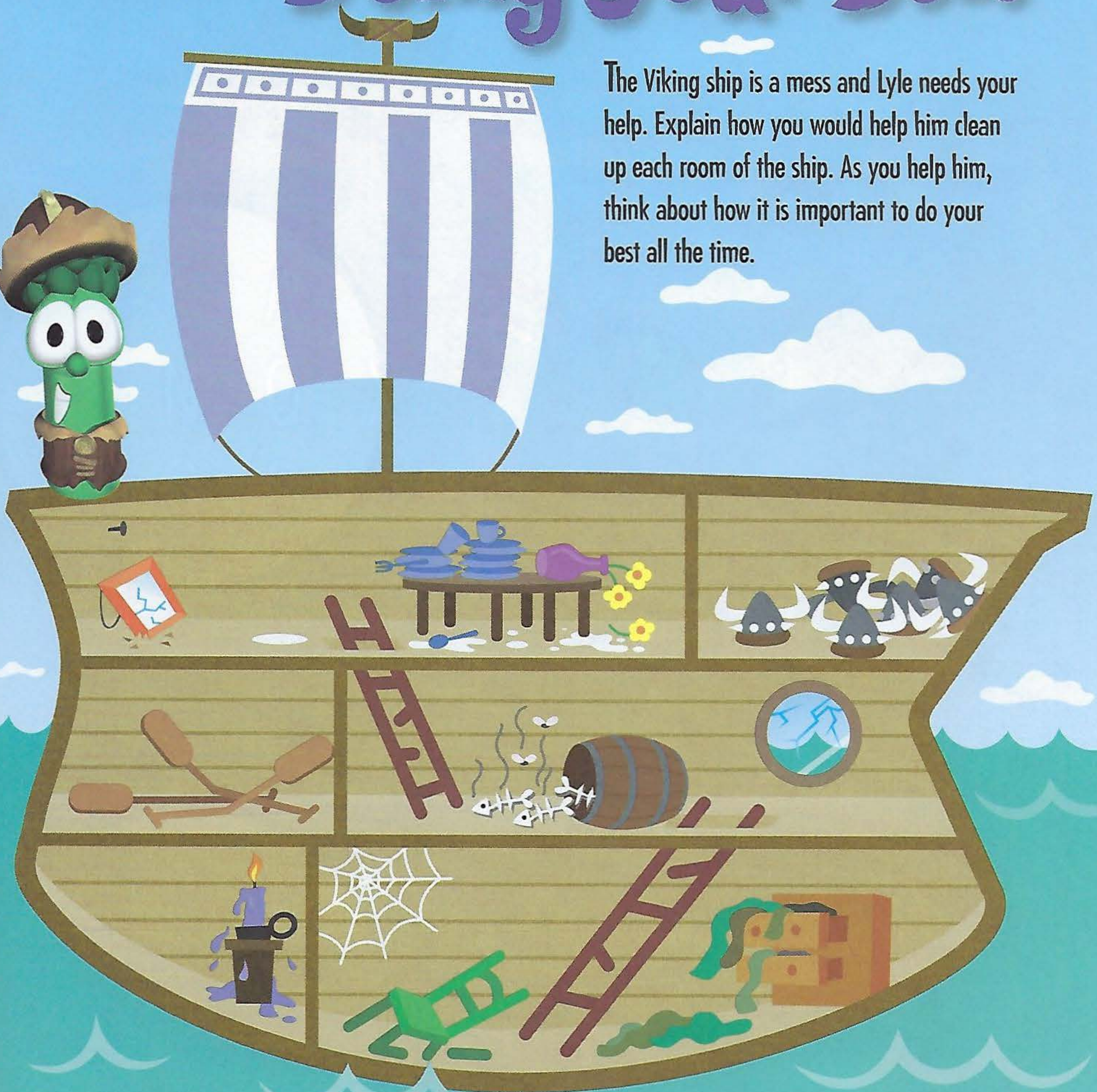
## Parent Connection - Hats Off to Forgiveness

Purchase or find a colorful hat. Print / *Forgive* on a paper heart and attach it to the hat. Hang the hat in a special place in your home. The next time your child has trouble forgiving someone, invite him or her to put on the hat. Talk about how forgiveness brings a happy heart.



# A Lesson in **Doing Your Best**

The Viking ship is a mess and Lyle needs your help. Explain how you would help him clean up each room of the ship. As you help him, think about how it is important to do your best all the time.



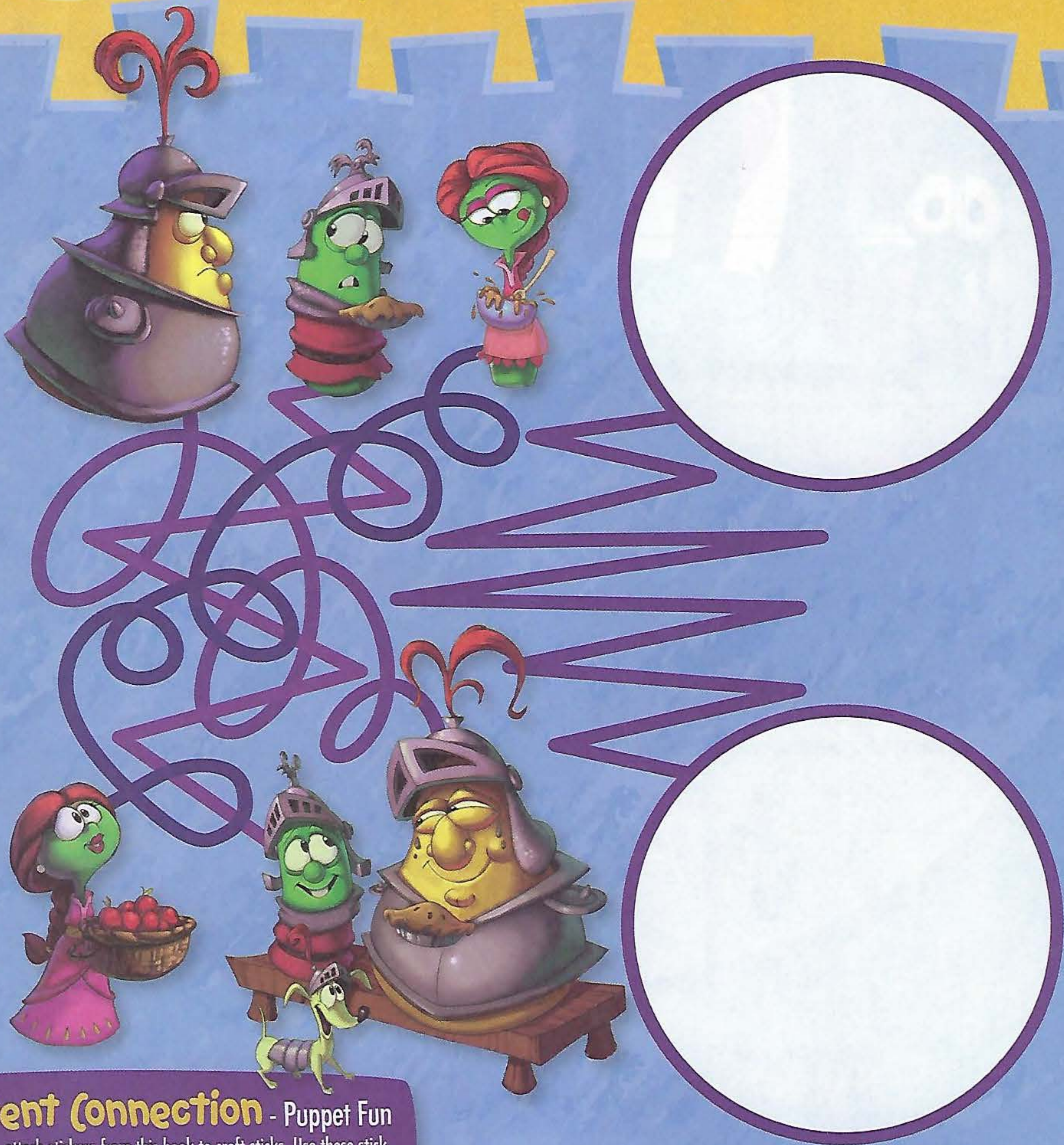
## **Parent Connection** - Chore Time Is Fun Time!

Encourage your child to enjoy herself or himself during chore time by singing along or dancing to favorite songs on a CD or the radio. You might also make a small competition out of the work, such as timing how long it takes your child to put something away.



# A Lesson in Being Nice

Look at the pictures on this page. Trace the line from Petunia, Duke, and Bump to the picture that shows how each one acted nicely. Then draw two pictures of you being nice to someone.



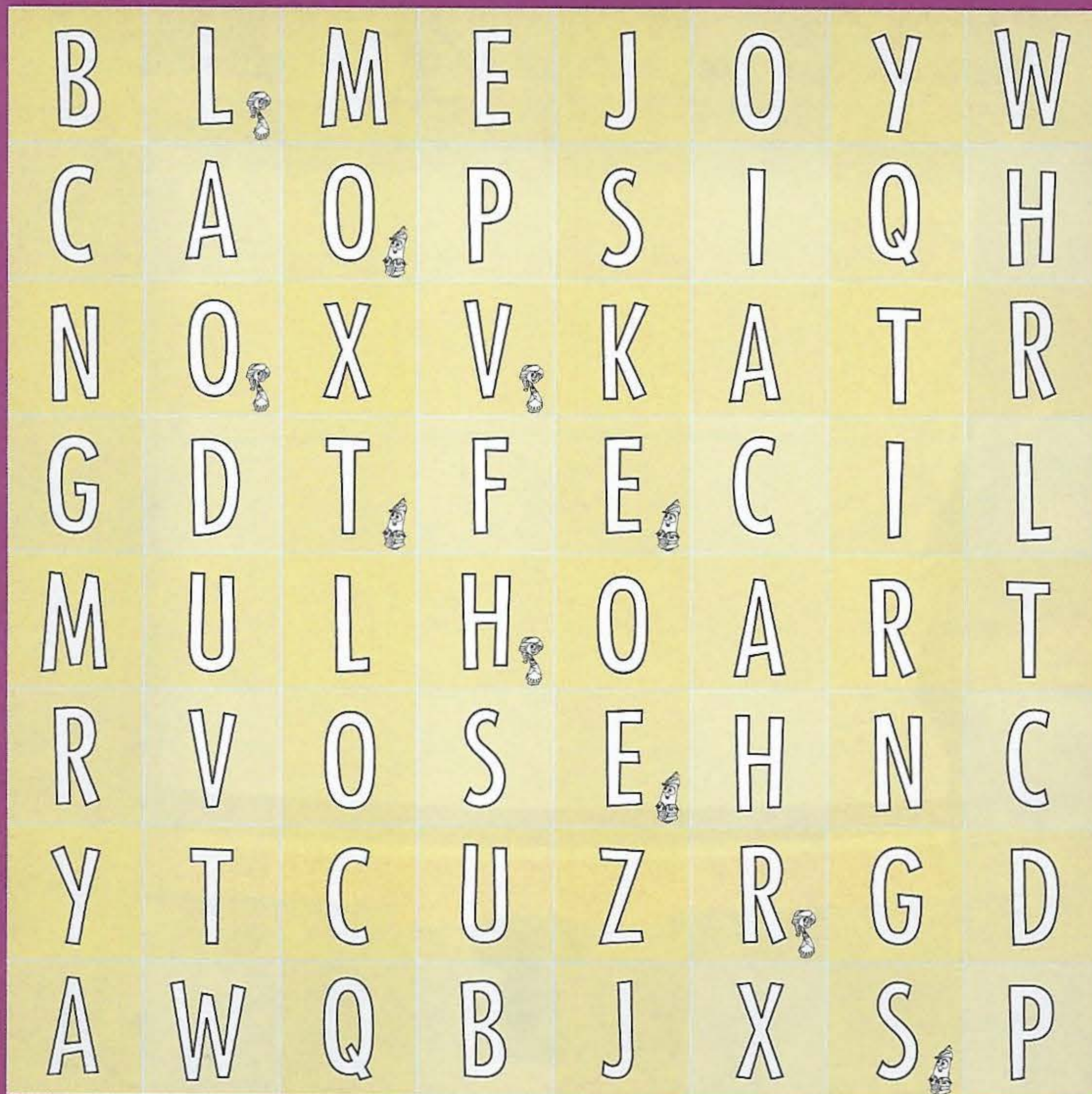
## Parent Connection - Puppet Fun

Together, attach stickers from this book to craft sticks. Use these stick puppets to make up new stories about being nice to others.



# A Lesson in Loving Others

Color each letter that has Duke or Petunia to find the hidden message.



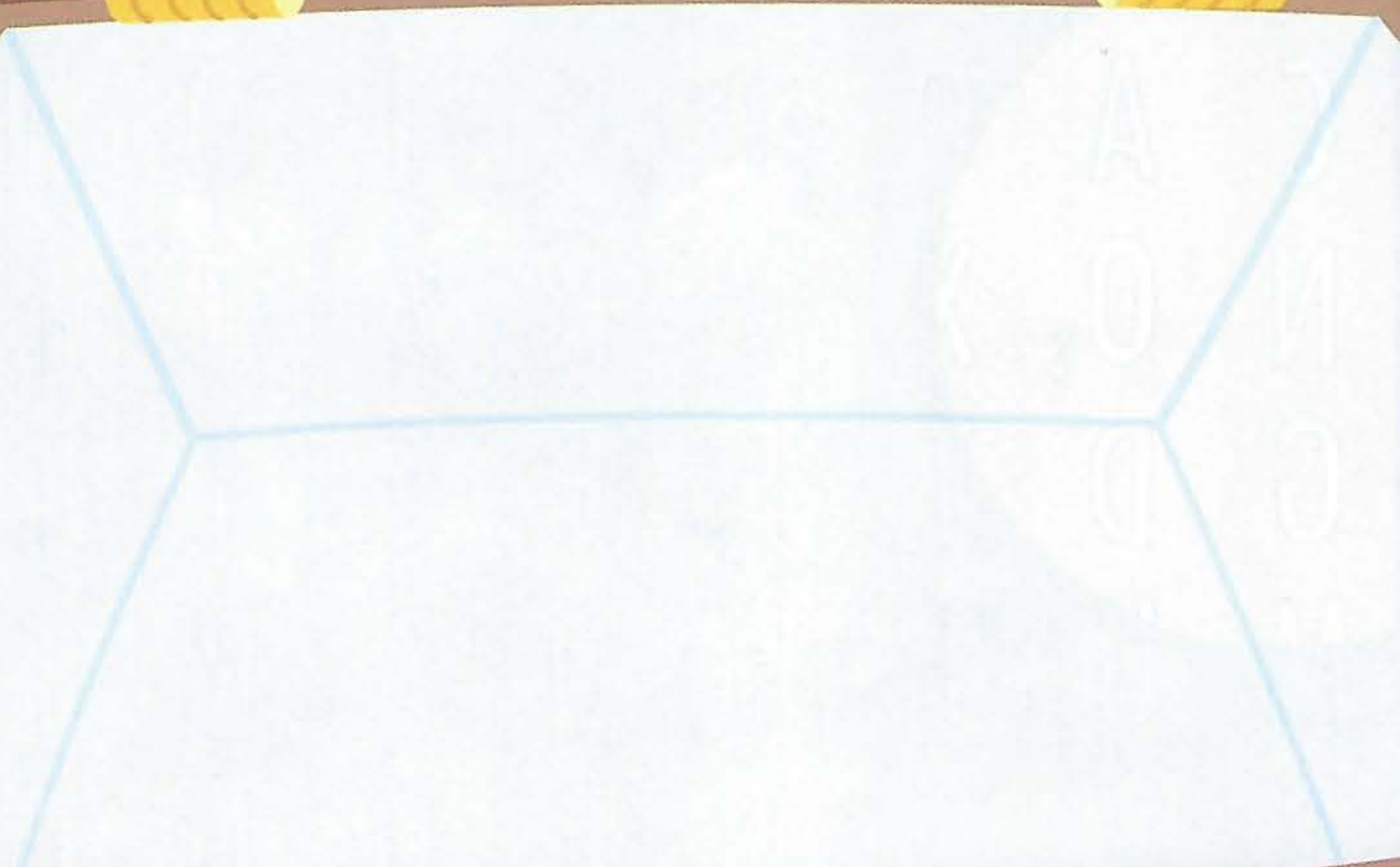
## Veggie Value to Share

Loving others is an important part of life.  
Tell three things you can do to show love  
toward others.




# A Lesson in Sharing

You can make friends by sharing good things from God. What good things do you often share with your friends? Draw at least three other things in the treasure chest below that you will share. Think about how you can share each one with a friend.



## Treasure Chest

### Parent Connection - The Sharing Bag

Encourage your child to decorate a gift bag or brown lunch bag with stickers. Label it *The Sharing Bag*. Ask your child to find 10 things to place inside the bag that she or he can share with others or to draw pictures of things to share. Take turns removing one item from the bag and discussing how it can be shared with a friend or family member.



# A Lesson in Being Yourself



## Veggie Value to Share

Encourage individuality in your child by helping him or her learn that each person's unique traits are what makes your child special.

Draw a picture of yourself in the frame above. As you draw, think about the many things that make you special.



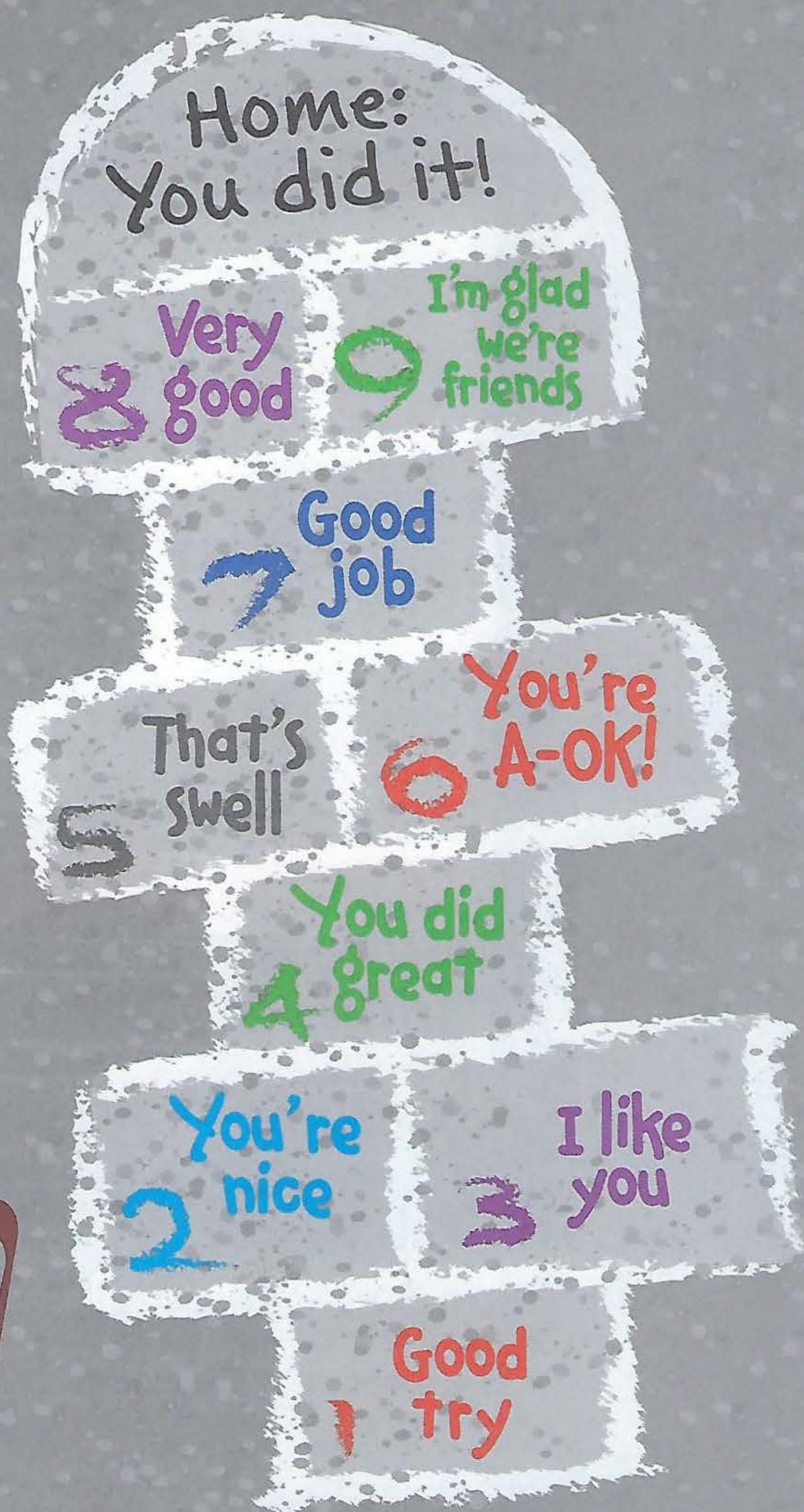
# A Lesson in Using Nice Words



Play hopscotch with Detectives Bob and Larry and one of your friends. Find a small marker for each of you and take turns tossing a coin. Move one space ahead for heads and two spaces for tails. The first one to reach the top is the winner. As you play, encourage each other with the words that are shown on the hopscotch board.

## Veggie Value to Share

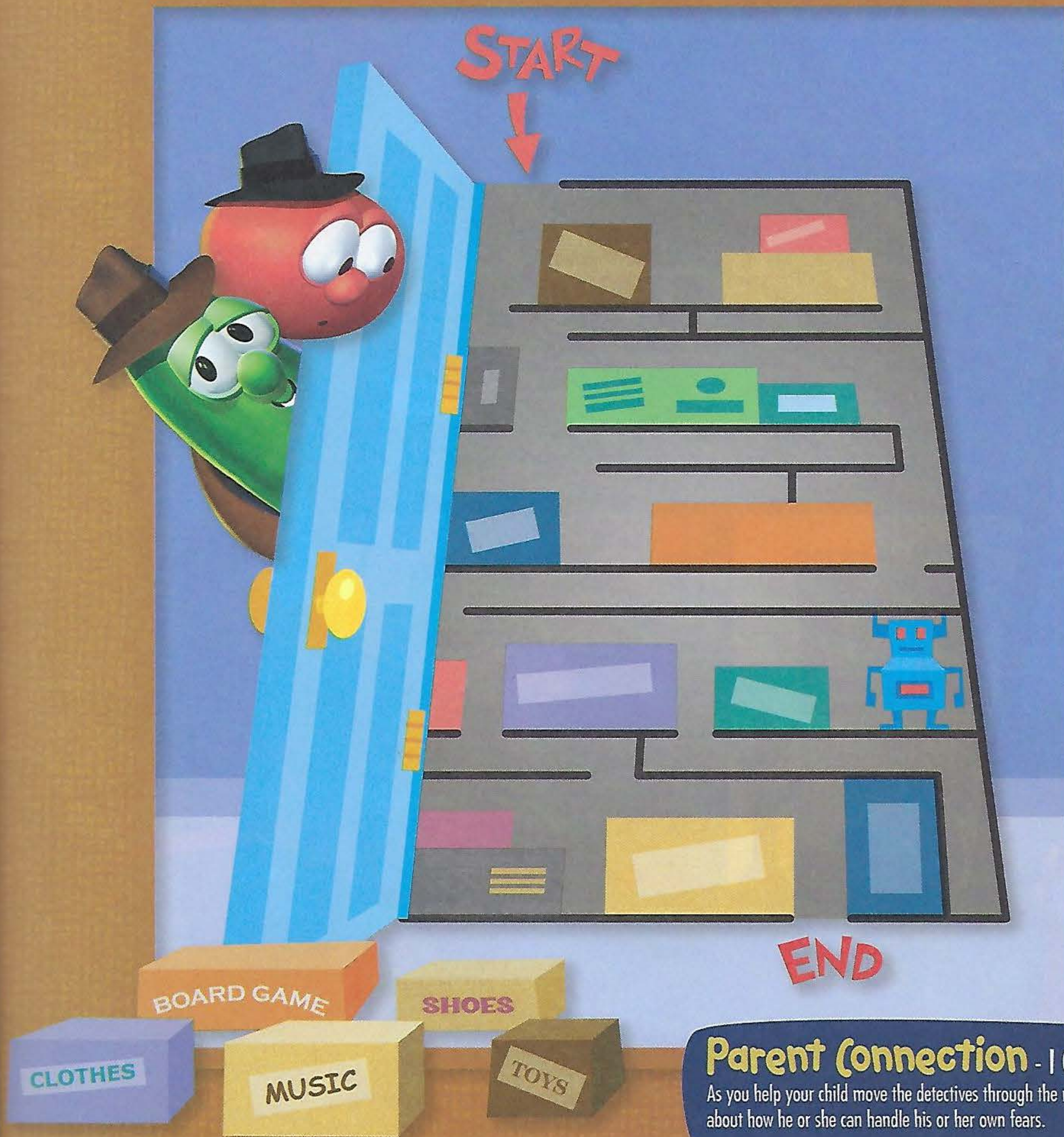
Using nice words will help you make and keep friends. What are some nice words you can say to a friend?





# A Lesson in Handling Fear

Uh-oh! Bob and Larry have gotten lost in the dark, scary closet. Help them find their way out. Along the way, explain why you think the closet isn't such a scary place after all.



## Parent Connection - I Can Do It!

As you help your child move the detectives through the maze, talk about how he or she can handle his or her own fears.



# A Lesson in Being Responsible

Help Laura Carrot be more responsible.  
In the picture below, circle all of the  
places that need some extra attention.  
How many can you find?



## Parent Connection - Act It Out

Have your child put a Bob sticker on a craft stick. Take turns moving Bob around the page and role-playing him teaching Laura Carrot how to be more responsible.



# A Lesson in Being Generous

Alfred is generous with his time because he helps LarryBoy. First, color Alfred and LarryBoy. Then in the blank space below, draw how you can show yourself being generous with your time to your friends or family.



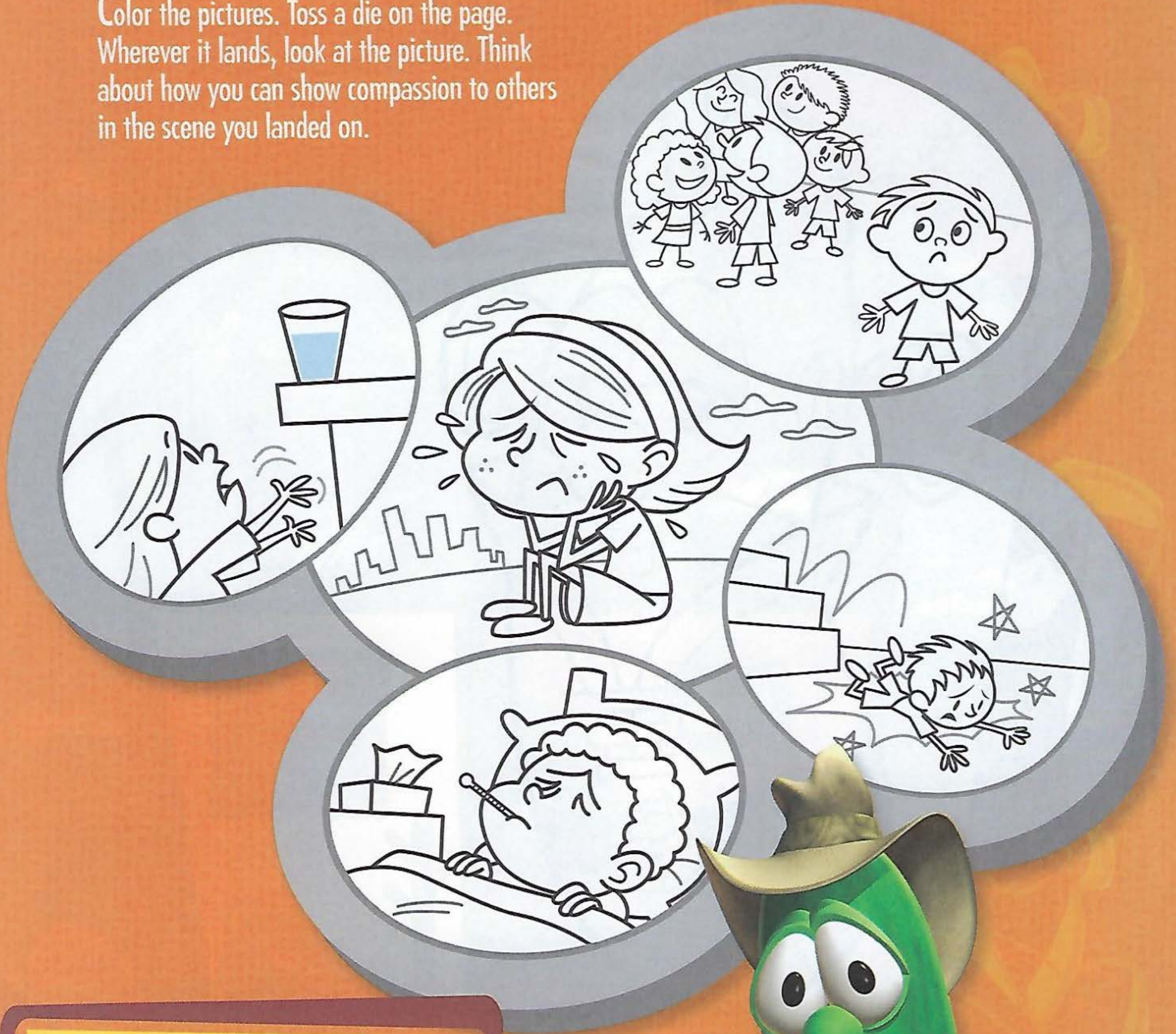
## Veggie Value to Share

You can show generosity to your friends and family by giving them your time. How else can you be generous?



# A Lesson in Compassion

Color the pictures. Toss a die on the page. Wherever it lands, look at the picture. Think about how you can show compassion to others in the scene you landed on.



## Veggie Value to Share

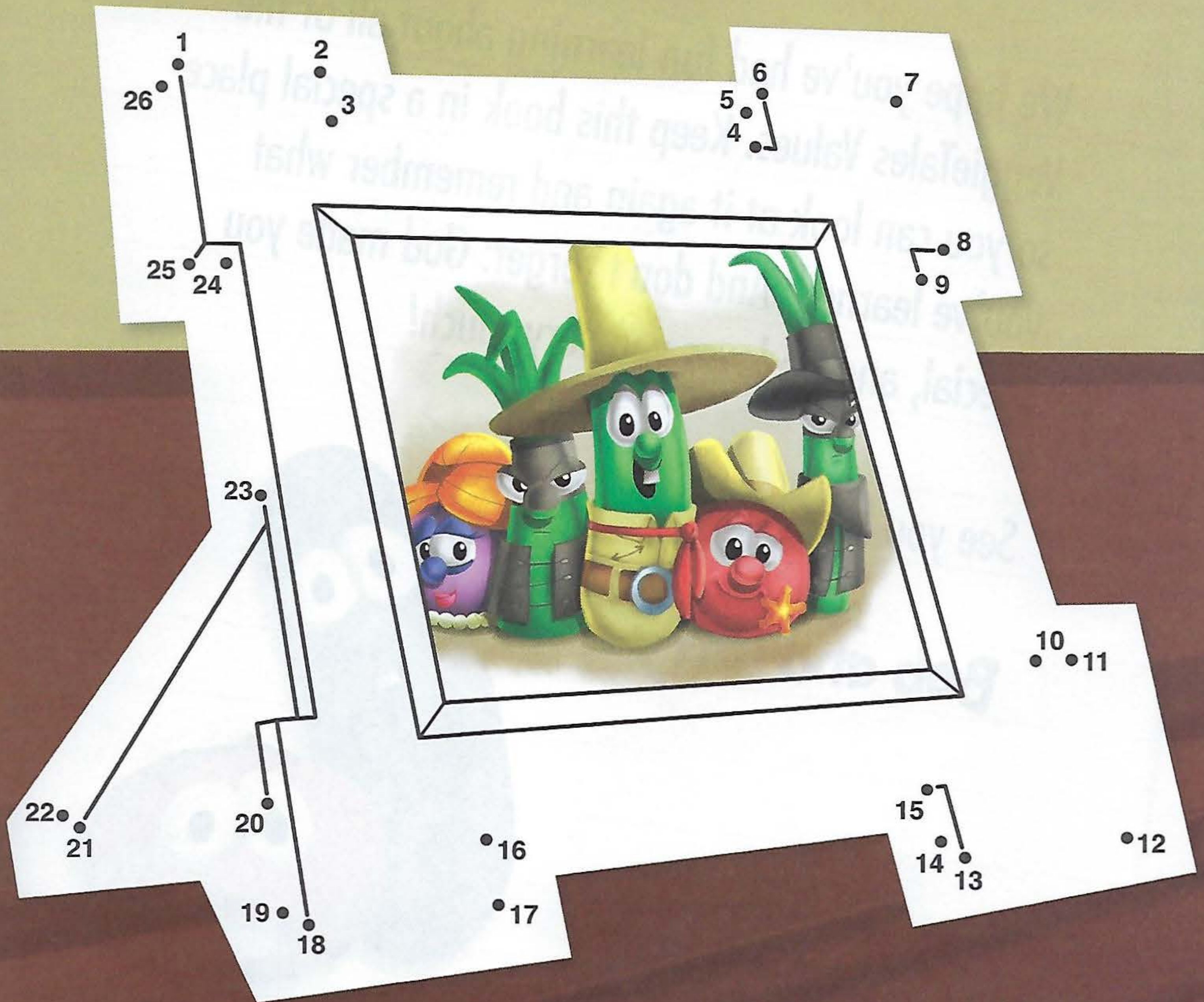
Being compassionate means that you show acts of kindness to others, especially when they really need your help. Name one way you have been compassionate this week.





# A Lesson in Showing Mercy

Connect the dotted lines to complete the frame around the picture. As you color the frame, think about how showing mercy could help you make friends.



## Parent Connection - I Am Merciful

Hold a discussion with your child about being merciful. Talk about the ways both of you can show mercy to others.

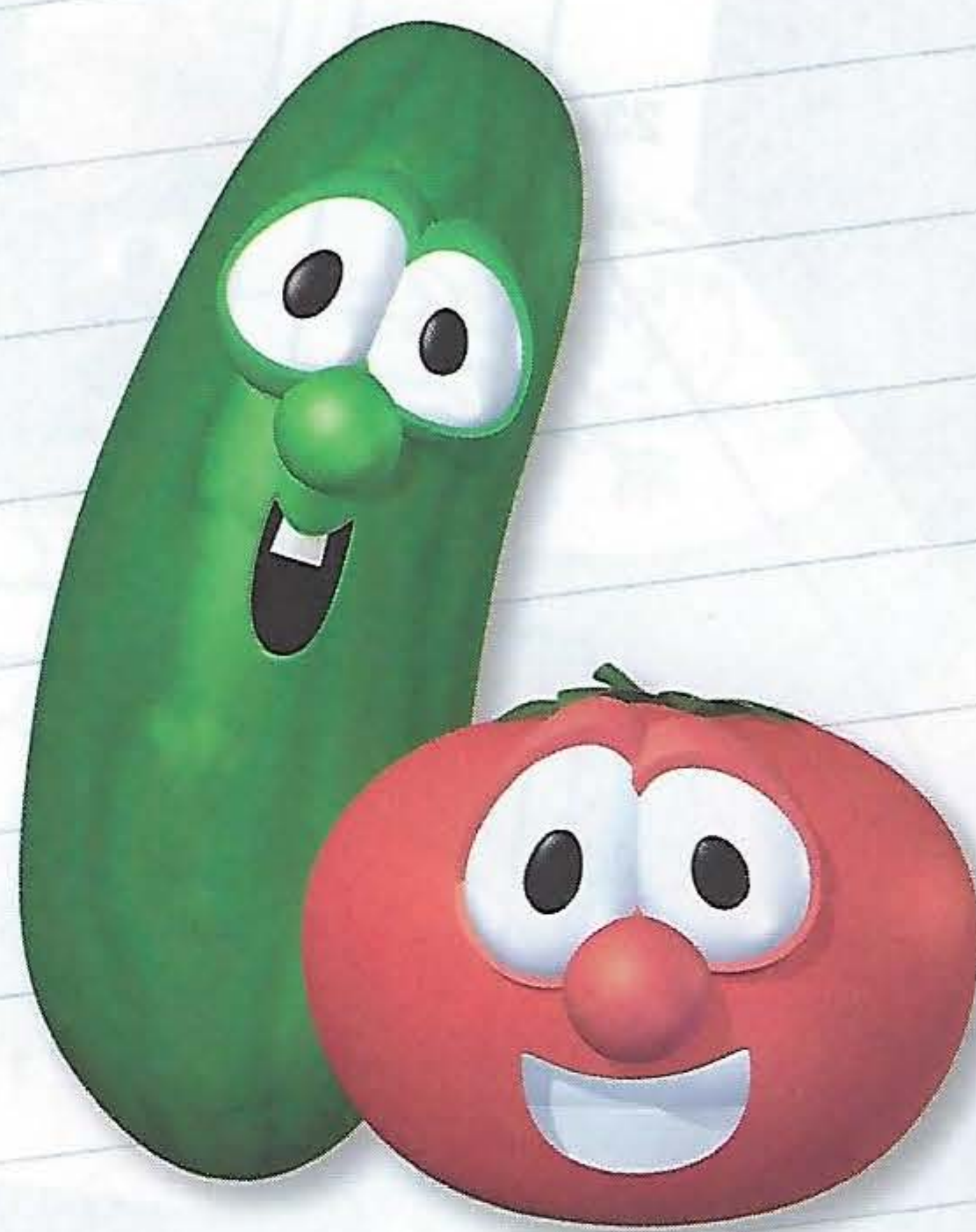


**Dear Kids,**

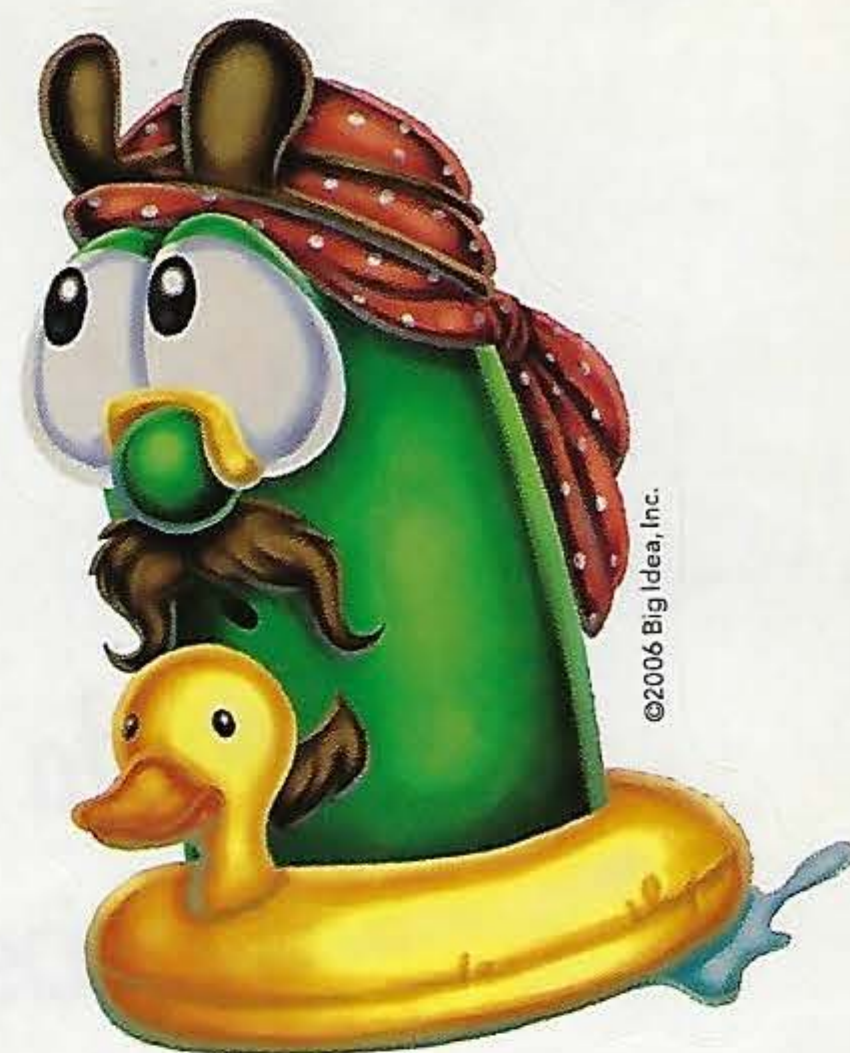
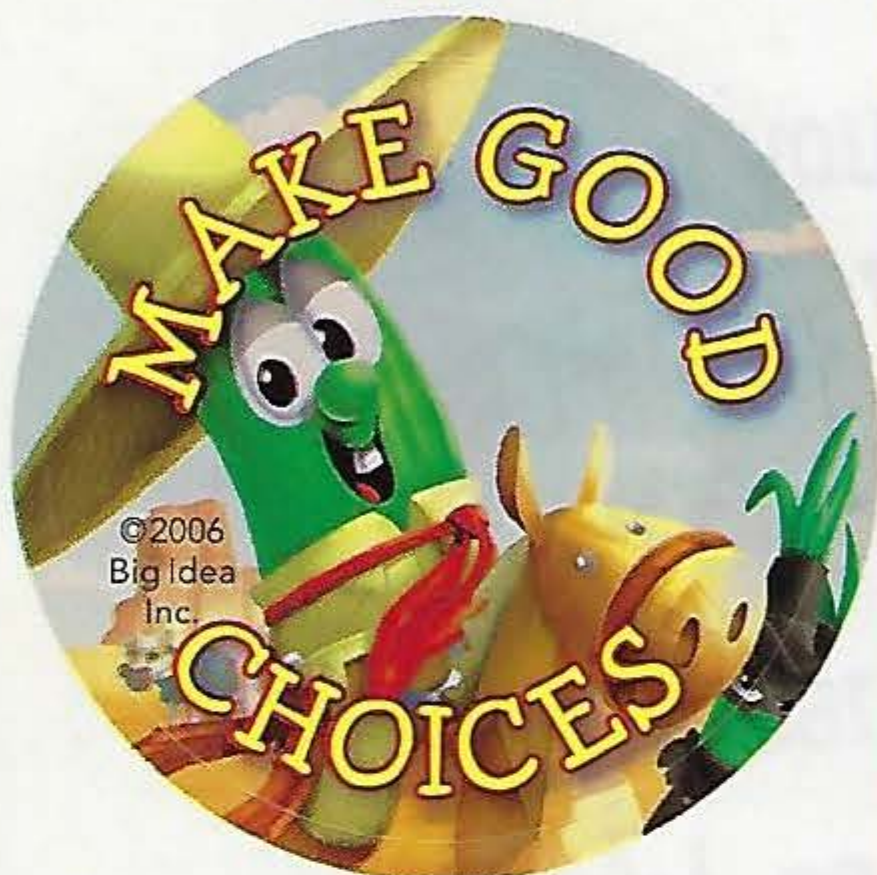
We hope you've had fun learning about all of the VeggieTales Values. Keep this book in a special place so you can look at it again and remember what you've learned. And don't forget: God made you special, and He loves you very much!

See you later,

**Bob and Larry**







Use these stickers to complete your VeggieTales® Values to Grow By achievement poster.



## Talk Time

After reading each **VeggieTales: Values to Grow By** book, use these discussion starters to encourage your child to talk about each specific value. Ask your child the following questions, filling in the appropriate value of each book:

- How did the character act?
- What can you do to show that you know how to \_\_\_\_\_ (value, such as tell the truth, love others, or be humble)?
- Tell about a time when you had difficulty \_\_\_\_\_ (value, such as showing self-control, forgiving someone, or helping others).
- How do you feel when someone else \_\_\_\_\_ (value, such as shares, is patient, or does a good deed)?

## Very Veggie Fun

Try some of these extra-special activities:

- Use the stickers for decorating homemade note cards, awards, or as an added incentive when your child shows positive behavior.
- Attach the stickers to craft sticks to make simple puppets. Role-play various value-related situations with the puppets.
- Use the stickers to decorate napkins, paper place mats, or paper plates. Have a Veggie Values meal with your family and talk about some of the values your child is learning.
- Together, create a diorama of a favorite story. Use art supplies and a large shoebox to create a diorama that will encourage discussion about the value in that book.

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## Page 13 Answer Key







**Scholastic** and **Big Idea** have united to create a preschool character education program that features the hilarious, bestselling VeggieTales characters. Each exclusive element encourages positive social behavior in your child in a way that is effective and entertaining:

- The whimsical picture **books** instill lifelong values with lighthearted, witty tales.
- Track your child's growth in values *and* height with the wacky **growth chart**.
- This exclusive **activity book** reinforces every lesson in a fun and exciting way.
- Track your child's progress through the program with the vibrant achievement **stickers**.



This product is available for distribution only through the direct-to-home market.